

2017 ETU CHALLENGEALMERE-AMSTERDAM Long Distance Triathlon European Championships

09-09-2017

Unofficial Result Halve Triathlon Individual Overall

Pits	RaceNr	Naam	Woonplaats	Cat	Nat	Swim	#S	Bike1	Bike2	Bike	#B	AftBike	#aftB	Run1	Run2	Run3	Run	#R	Total	Status
1	1011	Milan Brons	Almere	MU24	NED	00:25:32	3	00:56:23	01:16:37	02:13:00	1	02:41:29	1	00:26:39	00:27:57	00:29:31	01:24:06	12	04:08:00	
2	1114	Jeppe Hofman	Copenhagen	M30	DEN	00:28:20	16	00:59:18	01:17:15	02:16:33	3	02:48:38	4	00:26:15	00:27:21	00:28:13	01:21:48	4	04:13:22	
3	1126	Sven Wies	Duisburg	M30	GER	00:25:33	4			02:20:54	8	02:49:18	5	00:27:40	00:27:09	00:27:45	01:22:32	6	04:14:07	
4	1008	Gregor Schreiner	Ramsen	MU24	GER	00:24:16	1	00:58:02	01:19:09	02:17:10	4	02:44:43	2	00:27:15	00:28:48	00:31:55	01:27:57	25	04:15:46	
5	1096	Carson Christen	Schweinfurt	M25	USA	00:27:37	13	01:00:46	01:20:37	02:21:23	10	02:52:05	9	00:27:38	00:27:52	00:28:12	01:23:40	11	04:18:16	
6	1104	Chevalier Benoit	St Waast La Vallee	M30	BEL	00:28:33	25	01:02:31	01:26:01	02:28:31	50	03:01:10	20	00:24:21	00:24:52	00:25:49	01:15:00	1	04:18:58	
7	1043	Michiel de Wilde	Amsterdam	M25	NED	00:29:24	39	00:58:58	01:19:04	02:18:02	5	02:50:22	6	00:28:22	00:28:54	00:29:23	01:26:38	20	04:19:17	
8	1359	Luc Verhamme	Nijmegen	M35	NED	00:28:28	21			02:19:00	6	02:50:37	7	00:28:10	00:28:54	00:29:56	01:26:59	22	04:19:51	
9	1428	Uwe Kramp	Lemgo	M40	GER	00:29:10	33			02:21:26	11	02:54:34	11	00:26:57	00:27:31	00:28:40	01:23:07	7	04:20:35	
10	1817	Franck van Graas	Noordwijkerhout	M50	NED	00:27:22	8			02:16:05	2	02:46:39	3	00:30:29	00:30:20	00:31:14	01:32:03	58	04:22:11	
11	1012	Omar Brons	Almere	MU24	NED	00:25:30	2			02:22:27	12	02:51:09	8	00:27:57	00:30:00	00:33:03	01:30:59	49	04:25:28	
12	1246	Wouter D'haene	Roeselare	M35	BEL	00:29:11	34	01:01:23	01:26:20	02:27:42	43	03:00:54	19	00:27:14	00:26:27	00:27:12	01:20:53	3	04:25:34	
13	1238	Bruce van de Moortele	Eke	M35	BEL	00:29:39	44	01:00:58	01:22:30	02:23:27	15	02:56:40	13	00:30:00	00:29:08	00:29:02	01:28:09	27	04:28:03	
14	1936	David van Oosten	Leeuwarden	M25	NED	00:30:00	49	01:01:33	01:24:11	02:25:44	31	02:59:21	15	00:28:12	00:28:22	00:29:19	01:25:52	17	04:28:14	
15	1115	Fernando Concha	Rheinberg	M30	ESP	00:33:03	147			02:26:41	36	03:03:24	30	00:27:32	00:27:42	00:27:58	01:23:11	8	04:29:16	
16	1147	René Jaasma	Drachten	M30	NED	00:28:31	24			02:31:45	81	03:04:28	41	00:26:54	00:27:28	00:29:09	01:23:31	9	04:31:34	
17	1786	Jan Blokand	Alkmaar	M50	NED	00:29:04	31	01:00:13	01:21:09	02:21:22	9	02:54:18	10	00:30:48	00:31:32	00:31:44	01:34:03	79	04:32:31	
18	1099	Ramon Mensink	Utrecht	M25	NED	00:35:27	285	00:59:25	01:20:01	02:19:26	7	03:00:08	16	00:28:24	00:30:20	00:30:39	01:29:22	32	04:33:43	
19	1290	Tjeerd Popkema	Urk	M35	NED	00:40:43	623	01:00:41	01:23:28	02:24:08	17	03:08:45	75	00:26:27	00:27:58	00:29:12	01:23:36	10	04:35:06	
20	1234	Pierre Beaufort	Luxembourg	M35	BEL	00:34:24	217	01:03:04	01:25:56	02:28:59	54	03:08:24	73	00:27:06	00:27:49	00:29:27	01:24:22	13	04:35:33	
21	1417	Tom Jansen	Leopoldsburg	M40	BEL	00:30:56	58			02:29:32	59	03:04:54	44	00:27:58	00:29:14	00:29:49	01:27:00	23	04:35:37	
22	1042	Marius Lindemann	Dortmund	M25	GER	00:27:09	7	01:04:45	01:29:34	02:34:18	115	03:04:41	42	00:28:35	00:29:42	00:30:43	01:28:59	31	04:36:29	
23	1488	Dennis van de Worp	Maasland	M40	NED	00:30:09	53	01:03:16	01:24:32	02:27:48	45	03:01:30	21	00:30:01	00:30:28	00:31:55	01:32:23	60	04:36:48	
24	1197	Teun Brinkman	Amsterdam	M30	NED	00:31:26	77			02:31:07	76	03:06:17	58	00:28:48	00:28:53	00:30:19	01:27:59	26	04:36:54	
25	1033	Gianni Allebosch	Gent	M25	BEL	00:34:02	196	01:06:36	01:29:35	02:36:11	155	03:15:26	135	00:25:43	00:26:18	00:27:20	01:19:20	2	04:37:16	
26	1569	Hugo Debusscher	Morkhoven	M45	BEL	00:31:43	85	01:02:32	01:24:34	02:27:06	38	03:03:55	34	00:29:43	00:30:07	00:30:12	01:30:02	38	04:37:25	
27	1004	Evert Vandromme	Izegem	MU24	BEL	00:32:42	128	01:00:55	01:23:40	02:24:34	20	03:02:28	26	00:30:33	00:30:03	00:30:51	01:31:27	54	04:37:40	
28	1432	Stephan Theisen	Kleve	M40	GER	00:28:13	14	01:03:44	01:27:22	02:31:06	75	03:03:34	32	00:29:19	00:31:14	00:31:21	01:31:54	57	04:38:20	
29	2071	Hanneke de Boer	Leiden	W35	NED	00:28:28	20			02:32:57	97	03:04:04	36	00:30:52	00:30:51	00:30:53	01:32:35	62	04:38:35	
30	1593	Alain Schutjes	Lommel	M45	BEL	00:32:13	108	01:01:51	01:22:17	02:24:07	16	03:01:35	23	00:30:35	00:31:30	00:32:14	01:34:18	82	04:38:46	
31	1040	Sören Schatz	Hannover	M25	GER	00:29:40	45	01:05:05	01:31:17	02:36:22	160	03:10:32	85	00:27:24	00:28:04	00:29:42	01:25:09	14	04:38:48	
32	1753	Peter Weiß	Luedinghausen	M45	GER	00:31:52	94			02:28:02	47	03:05:09	48	00:29:15	00:29:50	00:31:23	01:30:28	44	04:38:57	
33	2007	Dionne Allen	Wigan	W25	GBR	00:31:47	89	01:05:02	01:29:32	02:34:33	122	03:09:06	77	00:27:35	00:28:58	00:31:47	01:28:19	28	04:39:07	
34	1208	Bart Elderenbosch	Weesp	M30	NED	00:29:18	38			02:25:10	23	02:57:52	14	00:32:21	00:32:09	00:33:07	01:37:56	136	04:39:18	
35	1128	Nico Grünke	Lingen	M30	GER	00:36:48	395			02:22:56	13	03:04:16	38	00:30:15	00:31:01	00:32:18	01:33:32	72	04:40:25	
36	1788	Ruud Kuipers	Alkmaar	M50	NED	00:32:53	134	01:01:58	01:23:16	02:25:14	25	03:02:39	29	00:29:43	00:30:29	00:32:35	01:32:46	64	04:40:31	
37	1429	Christian Schulte	Lingen	M40	GER	00:34:38	230	01:01:54	01:23:43	02:25:37	29	03:05:16	51	00:30:23	00:31:15	00:31:51	01:33:27	70	04:41:21	
38	1567	Frank Segaert	Lendelede	M45	BEL	00:32:36	121	01:03:49	01:25:18	02:29:07	55	03:06:20	60	00:29:22	00:29:49	00:30:38	01:29:49	36	04:41:37	
39	1418	Patrick Damen	Meer	M40	BEL	00:35:54	323	01:02:34	01:22:48	02:25:21	26	03:05:15	50	00:29:47	00:30:44	00:32:26	01:32:56	67	04:41:46	
40	1151	Frank van Vugt	Heiloo	M30	NED	00:29:51	46	01:03:12	01:26:07	02:29:19	56	03:03:31	31	00:29:06	00:31:30	00:35:00	01:35:35	103	04:41:48	
41	1755	Jean-Paul van Looy	Deurne	M45	BEL	00:34:08	205	01:00:56	01:24:16	02:25:12	24	03:03:53	33	00:30:09	00:31:31	00:32:40	01:34:19	83	04:41:58	
42	2041	Jorieke Casteleijn	Zeewolde	W30	NED	00:29:57	48	01:08:03	01:33:08	02:41:10	254	03:13:43	113	00:27:54	00:28:19	00:29:24	01:25:36	16	04:42:03	
43	1038	Scott Findlay	Edinburgh	M25	GBR	00:28:13	15	01:06:48	01:29:37	02:36:25	161	03:07:44	67	00:31:00	00:29:48	00:30:08	01:30:55	47	04:42:05	
44	1223	Joern Doeppert	Klokkarstua	M30	NOR	00:31:25	75	01:04:25	01:29:07	02:33:31	105	03:08:24	72	00:27:49	00:29:53	00:31:43	01:29:24	33	04:42:07	
45	1757	Bruno de Decker	Gent	M50	BEL	00:31:20	68	01:01:36	01:26:52	02:28:28	49	03:04:13	37	00:30:17	00:31:35	00:32:41	01:34:32	90	04:42:12	
46	1266	Florian Zahn	Kassel	M35	GER	00:32:30	116	01:02:34	01:22:49	02:25:22	27	03:02:23	25	00:28:50	00:31:26	00:36:47	01:37:01	124	04:42:40	
47	1007	Eike Lindemann	Lingen	MU24	GER	00:33:58	195	01:02:26	01:23:18	02:25:43	30	03:04:23	40	00:30:01	00:31:18	00:34:26	01:35:44	105	04:42:51	
48	1647	Wulphert Lustig	Bunschoten	M45	NED	00:32:11	106	01:02:51	01:22:41	02:25:31	28	03:02:12	24	00:31:44	00:32:47	00:32:44	01:37:14	126	04:43:15	
49	1285	Jeroen Thiele	Heemstede	M35	NED	00:31:20	71	01:03:11	01:26:59	02:30:10	63	03:06:39	63	00:30:30	00:30:39	00:30:57	01:32:06	59	04:43:19	
50	1454	Barry Rotgans	Almere	M40	NED	00:31:47	90	01:04:25	01:26:34	02:30:58	72	03:06:21	61	00:30:09	00:31:07	00:32:43	01:33:59	78	04:43:25	
51	1447	Mark Overtoom	Heerhugowaard	M40	NED	00:35:03	258	01:05:07	01:27:06	02:32:12	83	03:13:18	111	00:28:46	00:28:17	00:29:29	01:26:31	19	04:43:35	
52	1321	Rogier Lieshout	Amsterdam	M35	NED	00:36:21	351	01:02:02	01:24:32	02:26:34	35	03:09:30	82	00:29:02	00:29:44	00:31:22	01:30:07	39	04:43:37	
53	1654	Dennis van Hinte	Almere	M45	NED	00:28:30	23	01:05:20	01:27:25	02:32:44	91	03:05:17	53	00:31:16	00:31:30	00:32:42	01:35:27	100	04:43:54	
54	1344	Erik Doesburg	Lage Zwaluwe	M35	NED	00:29:35	41	01:02:43	01:26:11	02:28:53	53	03:02:34	28	00:30:59	00:32:51	00:34:03	01:37:52	134	04:44:01	
55	1677	Bart van Linder	Best	M45	NED	00:33:20	158	01:01:47	01:24:45	02:26:32	34	03:04:54	43	00:31:07	00:32:12	00:32:31	01:35:49	106	04:44:08	
56	1191	Stefan de Laat	Diessen	M30	NED	00:28:42	28			02:34:30	119	03:06:32	62	00:28:02	00:30:04	00:36:12	01:34:17	81	04:44:41	
57	1319	Johan van Zanten	De Lier	M35	NED	00:36:02	332	01:00:35	01:22:26	02:23:00	14	03:04:22	39	00:31:32	00:31:58	00:33:19	01:36:47	119	04:44:43	
58	1749	Alain Calame	Puplinge	M45	SUI	00:33:40	182			02:29:33	60	03:07:46	68	00:30:20</						

68	1052	Jarrich van Woerseem	Almere	M25	NED	00:28:37	27	01:03:40	01:28:53	02:32:33	89	03:04:56	45	00:31:41	00:34:41	00:34:14	01:40:35	181	04:48:27
69	1133	Ben Bertrand	Völklingen	M30	GER	00:34:37	229	01:06:02	01:33:32	02:39:34	217	03:18:58	184	00:27:35	00:29:03	00:29:16	01:25:53	18	04:48:36
70	1561	Gerrit Jan Soetman	Enschede	M55	NED	00:35:08	263	01:01:33	01:25:54	02:27:26	40	03:07:50	70	00:32:12	00:32:31	00:32:14	01:36:56	122	04:49:01
71	1520	Martin Kerkvliet	Sassenheim	M40	NED	00:31:39	82			02:38:27	192	03:14:57	128	00:27:38	00:29:34	00:32:33	01:29:44	35	04:49:15
72	1311	Erwin Koens	Rotterdam	M35	NED	00:34:11	208			02:33:23	101	03:12:30	102	00:29:07	00:30:22	00:33:58	01:33:25	69	04:49:20
73	1341	Mark van Ooij	Alphen Aan Den Rijn	M35	NED	00:32:20	112	01:05:47	01:29:09	02:34:55	131	03:12:22	100	00:29:32	00:31:17	00:33:33	01:34:21	85	04:49:36
74	1283	Jeroen Giezen	Westervoort	M35	NED	00:39:14	548	01:04:22	01:26:36	02:30:58	73	03:17:13	159	00:27:39	00:30:41	00:29:18	01:27:37	24	04:49:38
75	1125	Thomas Bienert	Frankfurt Am Main	M30	GER	00:34:06	201			02:35:43	148	03:14:43	122	00:30:31	00:30:06	00:30:04	01:30:40	45	04:49:44
76	1003	Brecht Reynders	Helchteren	MU24	BEL	00:26:27	5	01:01:48	01:24:22	02:26:10	32	02:55:42	12	00:38:31	00:35:14	00:37:19	01:51:03	382	04:49:55
77	1152	Youri Lentjes	Nijmegen	M30	NED	00:34:27	221			02:37:05	172	03:15:33	137	00:29:59	00:30:06	00:30:21	01:30:26	43	04:50:01
78	2072	Ingrid Eelkema	Leiden	W35	NED	00:27:29	12			02:35:21	140	03:05:08	46	00:32:18	00:34:50	00:36:21	01:43:28	227	04:50:17
79	1621	Eddy Dekkers	Nijkerk	M45	NED	00:31:37	81			02:33:19	100	03:09:20	79	00:31:33	00:32:56	00:32:54	01:37:21	128	04:50:18
80	1333	Juriaan Rijnbeek	Leiden	M35	NED	00:35:36	300	01:03:55	01:26:57	02:30:52	70	03:12:31	104	00:28:55	00:30:52	00:34:39	01:34:26	87	04:50:47
81	1491	Rohalt Bergsma	Lochem	M40	NED	00:29:18	37			02:35:22	142	03:09:35	83	00:31:19	00:32:35	00:33:06	01:36:59	123	04:51:14
82	1219	Johan Postma	Almere	M30	NED	00:29:26	40	01:05:37	01:28:15	02:33:51	109	03:07:48	69	00:30:03	00:32:48	00:37:05	01:39:55	173	04:51:14
83	1055	Jordi Reedijk	Strijen	M25	NED	00:32:57	139	01:07:25	01:30:41	02:38:06	187	03:15:58	141	00:29:01	00:30:19	00:32:09	01:31:28	55	04:51:24
84	1260	Rémi Fackeure	Lambertart	M35	FRA	00:34:36	228	01:04:54	01:30:07	02:35:00	134	03:15:02	129	00:30:30	00:31:12	00:31:59	01:33:39	74	04:51:43
85	1228	Stefan Müller	Koblenz	M30	GER	00:36:16	347	01:07:48	01:31:41	02:39:29	213	03:20:36	209	00:29:07	00:28:35	00:29:11	01:26:51	21	04:52:04
86	1832	Rudi Bissels	Drachten	M50	NED	00:32:20	113	01:05:48	01:28:42	02:34:29	118	03:11:43	94	00:31:18	00:31:55	00:33:26	01:36:38	115	04:52:05
87	1414	Hans Verschaeren	Boeucht	M40	BEL	00:34:12	211	01:06:00	01:28:59	02:34:58	132	03:16:07	145	00:29:13	00:30:18	00:31:43	01:31:14	51	04:52:15
88	1017	Sjors Stam	Naarden	MU24	NED	00:36:57	420			02:27:33	41	03:09:28	81	00:33:17	00:32:17	00:33:36	01:39:09	162	04:52:23
89	1250	Bouter Neuckermans	Meerbeke	M35	BEL	00:32:38	123	01:04:26	01:26:44	02:31:10	77	03:08:47	76	00:32:34	00:32:49	00:33:12	01:38:34	152	04:52:30
90	1289	Rutger van Valderen	Eemnes	M35	NED	00:38:40	510			02:33:30	104	03:16:12	147	00:29:41	00:31:10	00:31:52	01:32:43	63	04:52:30
91	1603	Michael Gniffke	Herne	M45	GER	00:31:04	63	01:00:44	01:23:47	02:24:30	19	03:00:19	17	00:34:23	00:36:12	00:38:46	01:49:20	345	04:53:16
92	1253	Christian Øien	Jyllinge	M35	DEN	00:32:45	130	01:04:57	01:30:18	02:35:14	138	03:13:30	112	00:30:17	00:32:31	00:33:56	01:36:44	118	04:53:36
93	1426	Eike Mueller	Munich	M40	GER	00:36:00	330	01:04:38	01:29:56	02:34:34	123	03:15:59	142	00:29:43	00:31:27	00:33:11	01:34:20	84	04:53:52
94	1259	Johann Tillier	Courcelles Les Lens	M35	FRA	00:39:57	597	01:05:44	01:29:16	02:35:00	133	03:19:40	190	00:29:40	00:30:16	00:30:03	01:29:58	37	04:54:07
95	1088	Dyan Hendriks	Bolsward	M25	NED	00:31:50	93	01:03:17	01:33:23	02:36:40	163	03:12:07	99	00:30:29	00:32:42	00:35:54	01:39:03	160	04:54:35
96	1411	Bert de Somvielle	Zarlardingne	M40	BEL	00:30:56	57			02:35:41	147	03:10:54	91	00:32:04	00:33:18	00:34:32	01:39:53	171	04:54:39
97	1338	Pieter Vermeulen	Woerden	M35	NED	00:32:55	136			02:37:17	175	03:14:52	127	00:31:04	00:32:10	00:33:26	01:36:39	116	04:54:56
98	1145	Ramon Siljade	Amsterdam	M30	NED	00:44:19	830	01:03:49	01:27:05	02:30:54	71	03:21:20	218	00:29:31	00:29:34	00:31:12	01:30:16	42	04:54:59
99	1439	Andreas Adamski	Gladbeck	M40	GER	00:32:37	122			02:34:22	116	03:10:33	86	00:31:59	00:33:11	00:35:30	01:40:39	182	04:55:02
100	1500	Diederich Cornelisse	Nieuwerkerk Aan Den IJssel	M40	NED	00:35:56	327			02:33:47	108	03:14:46	124	00:29:05	00:30:47	00:34:43	01:34:34	91	04:55:08
101	1149	Roald Waaijer	Amsterdam	M30	NED	00:33:17	156	01:04:24	01:29:04	02:33:28	103	03:12:26	101	00:32:26	00:32:31	00:34:18	01:39:14	163	04:55:15
102	1365	Kees Alblas	Puttershoek	M35	NED	00:36:25	354	01:05:23	01:30:12	02:35:35	145	03:16:23	150	00:30:50	00:31:40	00:32:44	01:35:13	97	04:55:19
103	1405	Cédric Leneau	Linsmeau	M40	BEL	00:33:04	148	01:04:54	01:29:57	02:34:50	128	03:12:03	98	00:32:12	00:33:20	00:35:09	01:40:41	184	04:55:35
104	1415	Guy Verbanck	Gentbrugge	M40	BEL	00:35:55	326			02:33:57	110	03:15:13	132	00:30:18	00:31:40	00:35:26	01:37:23	129	04:55:54
105	1110	Sven van Londersele	Geraardsbergen	M30	BEL	00:40:39	620	01:04:48	01:31:07	02:35:55	149	03:23:40	256	00:28:49	00:29:15	00:30:34	01:28:37	30	04:56:08
106	1160	Wouter Baljet	Arnhem	M30	NED	00:36:07	338	01:18:59	01:25:55	02:44:54	334	03:24:53	276	00:28:25	00:29:08	00:30:58	01:28:29	29	04:56:22
107	1363	Gijs van der Zijden	Almere	M35	NED	00:35:44	310			02:31:21	79	03:11:08	92	00:33:06	00:34:11	00:34:50	01:42:06	202	04:56:28
108	1720	Johan van Eyk	Maarssen	M45	NED	00:38:52	528	01:04:49	01:29:41	02:34:30	120	03:18:33	175	00:30:52	00:31:57	00:32:27	01:35:16	98	04:56:58
109	1329	Sebastiaan Bleekemolen	Aerdenhout	M35	NED	00:39:42	580	01:05:29	01:30:12	02:35:40	146	03:20:52	214	00:30:21	00:29:47	00:30:49	01:30:56	48	04:57:03
110	1076	Erik van der Veen	Vollenhove	M25	NED	00:33:32	176	01:03:09	01:27:35	02:30:43	68	03:08:40	74	00:32:24	00:34:38	00:36:37	01:43:38	229	04:57:06
111	1036	Francisco Javie Catalan De La Iglesia	Amsterdam	M25	ESP	00:33:52	192			02:36:44	164	03:15:56	140	00:31:11	00:31:48	00:33:11	01:36:09	108	04:57:07
112	1503	Bas van Zaane	Austerlitz	M40	NED	00:33:26	166			02:34:16	114	03:12:32	105	00:32:56	00:33:38	00:35:22	01:41:56	200	04:57:20
113	1265	Markus Halm	Bad Homburg Vor Der Höhe	M35	GER	00:37:41	463			02:35:10	137	03:19:44	192	00:30:09	00:31:04	00:31:13	01:32:26	61	04:57:33
114	1051	Niels Pepijn van As	Hoogeveen	M25	NED	00:34:03	198	01:05:31	01:27:34	02:33:05	99	03:11:45	95	00:32:40	00:34:06	00:35:50	01:42:35	212	04:57:45
115	1742	Marcel Caro	Almere	M45	NED	00:31:16	67	01:02:47	01:27:39	02:30:25	66	03:06:59	65	00:34:11	00:35:13	00:36:41	01:46:04	277	04:57:55
116	1226	Evgeny Yurasov	Moscow	M30	RUS	00:40:05	601	01:06:18	01:29:14	02:35:31	144	03:20:17	203	00:31:07	00:31:01	00:31:27	01:33:35	73	04:58:09
117	1825	Waldo Duin	Tiel	M50	NED	00:32:02	99	01:02:02	01:25:19	02:27:21	39	03:05:09	47	00:35:45	00:36:38	00:36:12	01:48:34	326	04:58:26
118	1129	Sebastian Puke	Hamburg	M30	GER	00:31:04	62			02:39:45	224	03:15:21	134	00:31:16	00:33:05	00:35:03	01:39:22	165	04:59:03
119	2032	Melanie Benson	St Johns	W30	CAN	00:33:08	150	01:07:45	01:29:22	02:37:07	173	03:14:00	114	00:33:39	00:34:21	00:34:01	01:42:00	201	04:59:05
120	1237	Wouter Ceyskens	Leuven	M35	BEL	00:34:20	214	01:07:42	01:33:20	02:41:02	249	03:19:47	195	00:30:51	00:31:06	00:32:28	01:34:24	86	04:59:17
121	1763	Peter Wouters	Lommel	M50	BEL	00:30:07	52	01:07:23	01:32:05	02:39:28	212	03:14:45	123	00:31:57	00:32:47	00:34:20	01:39:04	161	04:59:18
122	1892	Ruud van den Broek	Loosdrecht	M55	NED	00:31:45	87	01:03:29	01:26:29	02:29:57	62	03:05:32	54	00:35:21	00:38:20	00:36:53	01:50:33	371	04:59:26
123	1046	Rob van Hoef	Breda	M25	NED	00:33:29	174	01:07:54	01:30:30	02:38:24	191	03:16:06	144	00:31:55	00:33:07	00:35:29	01:40:30	179	04:59:32
124	1044	Sander van Kammen	Rottevalle	M25	NED	00:32:49	133	01:01:43	01:30:24	02:32:07	82	03:10:43	88	00:33:37	00:35:01	00:36:33	01:45:10	256	04:59:32
125	1570	Koen Dierickx	Lierde	M45	BEL	00:38:43	513	01:03:54	01:28:20	02:32:13	84	03:17:33	164	00:33:27	00:33:01	00:32:25	01:38:52	157	04:59:36
126	1699	Holger Wagenaar	Soest	M45	NED	00:38:43	514	01:06:17	01:30:43	02:37:00	171	03:21:49	225	00:30:55	00:31:22	00:32:13	01:34:28	88	04:59:36
127	1712	Henk Hans Vermeulen	Roden	M45	NED	00:													

135	1533	Koen Hartemink	Abcoude	M40	NED	00:36:35	368	01:07:42	01:31:15	02:38:57	200	03:21:52	228	00:31:20	00:31:53	00:31:39	01:34:51	92	05:00:45
136	1181	Rob Gosselink	Utrecht	M30	NED	00:33:27	172	01:03:53	01:28:58	02:32:51	93	03:11:35	93	00:33:26	00:35:03	00:36:46	01:45:14	257	05:00:46
137	1280	Alessandro Di Stefano	Curatone	M35	ITA	00:35:48	315	01:10:53	01:34:38	02:45:30	342	03:25:35	288	00:29:48	00:30:20	00:31:12	01:31:19	53	05:00:46
138	1336	Robbert Wolf	Rotterdam	M35	NED	00:38:16	485	01:06:12	01:29:51	02:36:02	153	03:20:33	207	00:31:04	00:32:01	00:33:17	01:36:22	111	05:00:48
139	1342	Daan Spoelstra	Naarden	M35	NED	00:36:55	411	01:04:21	01:27:03	02:31:23	80	03:14:08	116	00:32:10	00:33:51	00:36:14	01:42:14	206	05:00:49
140	2001	Marielle Lacroix	Louvain-la-neuve	WU24	BEL	00:27:28	11	01:08:36	01:35:33	02:44:09	314	03:15:11	131	00:33:06	00:34:27	00:35:52	01:43:24	225	05:00:56
141	1358	Bjorn Weijts	Zeege	M35	NED	00:34:39	231	01:05:05	01:27:50	02:32:55	95	03:11:54	96	00:32:56	00:35:13	00:37:09	01:45:17	259	05:00:59
142	1585	Peter Lewis	Andover	M45	GBR	00:33:41	183			02:42:08	274	03:21:16	217	00:29:59	00:31:35	00:34:35	01:36:08	107	05:01:11
143	1022	Rutger van der Staak	Westervoort	MU24	NED	00:34:47	243			02:40:35	240	03:20:32	206	00:30:01	00:31:19	00:36:12	01:37:31	130	05:01:16
144	1112	Davy van Berghen	Onze-lieve-vrouw-waver	M30	BEL	00:34:45	240	01:06:43	01:30:35	02:37:18	177	03:16:46	154	00:31:43	00:33:48	00:34:47	01:40:18	178	05:01:20
145	2134	Concetta Pichierr	Brielle	W45	NED	00:38:51	527	01:06:24	01:29:53	02:36:16	157	03:19:52	197	00:32:06	00:32:36	00:33:38	01:38:19	146	05:01:21
146	1121	Fabien Jonard	Doullens	M30	FRA	00:35:39	304	01:08:59	01:28:26	02:37:25	178	03:17:08	157	00:32:10	00:32:45	00:32:25	01:37:20	127	05:01:24
147	1284	Klaas Jan Miedema	Goutum	M35	NED	00:36:12	344	01:05:08	01:27:49	02:32:57	96	03:14:08	117	00:33:18	00:34:36	00:36:47	01:44:40	245	05:01:31
148	1092	Edwin Vrieselaar	Schoonhoven	M25	NED	00:33:26	171	01:04:33	01:27:48	02:32:21	86	03:10:47	90	00:33:22	00:35:26	00:37:57	01:46:45	291	05:01:35
149	1153	Nick Jacobs	Den Haag	M30	NED	00:39:37	572			02:34:38	124	03:18:44	179	00:32:11	00:33:05	00:33:09	01:38:25	147	05:01:36
150	1392	Jeroen van der Horst	Utrecht	M35	NED	00:34:54	248			02:38:55	199	03:20:20	205	00:32:15	00:32:46	00:32:45	01:37:46	133	05:01:44
151	1710	Jeroen van Geelen	Hilversum	M45	NED	00:40:49	629	01:07:33	01:29:21	02:36:54	169	03:24:07	262	00:30:22	00:30:29	00:32:29	01:33:20	68	05:02:20
152	1305	Pascal van Houten	Utrecht	M35	NED	00:41:06	648	01:07:07	01:33:32	02:40:39	241	03:26:40	307	00:29:41	00:30:35	00:32:37	01:32:51	66	05:02:22
153	1297	Michel Klaasse	Brielle	M35	NED	00:35:29	289	01:05:38	01:28:20	02:33:58	111	03:16:59	156	00:34:13	00:33:43	00:34:14	01:42:09	203	05:02:39
154	1276	Christian ten Brink	Wietmarschen	M35	GER	00:38:56	534	01:09:09	01:30:12	02:39:20	210	03:22:43	245	00:30:54	00:32:00	00:32:37	01:35:30	101	05:02:49
155	1078	Tim Luijt	Almere	M25	NED	00:35:34	298			02:41:40	266	03:22:31	243	00:31:37	00:31:40	00:32:59	01:36:15	110	05:02:51
156	1760	Jean-pierre Cuyppers	Lommel	M50	BEL	00:36:44	386	01:04:39	01:28:55	02:33:33	107	03:14:46	125	00:32:35	00:34:22	00:37:30	01:44:27	242	05:02:53
157	1214	Mark de Jong	Voorhout	M30	NED	00:36:27	356	01:04:31	01:29:41	02:34:12	113	03:16:44	153	00:32:22	00:33:53	00:35:34	01:41:48	197	05:03:00
158	2077	Marjan Andringa - Van Der Woude	Marrum	W35	NED	00:36:52	406	01:07:16	01:31:49	02:39:04	204	03:22:37	244	00:31:03	00:32:14	00:33:09	01:36:25	112	05:03:05
159	1701	Gerard Riksm	Krimpen Ad Lek	M45	NED	00:27:24	10	01:07:49	01:30:51	02:38:39	195	03:13:10	109	00:34:48	00:33:54	00:34:55	01:43:36	228	05:03:10
160	1659	Jan-peter Riksm	Krimpen Aan Den Ijssel	M45	NED	00:27:23	9	01:05:21	01:27:25	02:32:46	92	03:05:35	55	00:35:45	00:36:57	00:38:51	01:51:32	390	05:03:10
161	1692	Peter Keegstra	Bussum	M45	NED	00:31:47	91	01:06:13	01:26:50	02:33:02	98	03:09:11	78	00:34:31	00:36:07	00:39:50	01:50:26	366	05:03:20
162	2034	Louisa Vere	Winchester	W30	GBR	00:35:27	284	01:07:43	01:36:16	02:43:59	311	03:24:32	269	00:31:00	00:31:40	00:32:15	01:34:54	95	05:03:28
163	1618	Giuseppe Zuddas	Gladbeck	M45	ITA	00:31:57	96			02:44:41	325	03:22:14	234	00:31:31	00:31:43	00:33:22	01:36:35	114	05:03:31
164	1062	Joep Smits	Veldhoven	M25	NED	00:35:38	302	01:07:08	01:29:11	02:36:19	159	03:18:24	172	00:31:17	00:34:00	00:35:40	01:40:57	189	05:03:34
165	1217	Joram Hoekman	Enschede	M30	NED	00:39:37	573	01:02:36	01:33:24	02:36:00	152	03:22:22	238	00:31:23	00:32:13	00:33:13	01:36:48	120	05:03:39
166	2133	Janine Swaak	Enschede	W45	NED	00:35:31	292	01:09:10	01:34:07	02:43:17	299	03:23:03	250	00:31:45	00:32:30	00:33:55	01:38:08	143	05:03:43
167	1845	Cees Verbeek	Geldermalsen	M50	NED	00:28:55	29	01:09:05	01:32:20	02:41:24	260	03:15:44	139	00:33:31	00:33:46	00:36:36	01:43:52	233	05:04:00
168	1047	Nick van der Velde	Amsterdam	M25	NED	00:39:01	539	01:07:14	01:32:30	02:39:43	222	03:24:34	270	00:29:57	00:31:50	00:33:49	01:35:35	104	05:04:03
169	1083	Melvin Keppel	Utrecht	M25	NED	00:33:41	184	01:05:23	01:31:24	02:36:46	165	03:16:08	146	00:33:08	00:33:59	00:37:46	01:44:52	249	05:04:15
170	1001	Quinten de Ridder	Geraardsbergen	M-20	BEL	00:33:35	179	01:05:30	01:28:03	02:33:32	106	03:15:07	130	00:33:18	00:33:39	00:37:53	01:44:50	248	05:04:24
171	1288	Alexander Groot	Amsterdam	M35	NED	00:34:57	251			02:39:51	226	03:19:21	186	00:33:06	00:33:49	00:35:18	01:42:12	204	05:04:26
172	1574	Bart Geeringhs	Lommel	M45	BEL	00:33:26	167	01:06:15	01:29:40	02:35:55	150	03:14:17	118	00:34:46	00:35:46	00:36:10	01:46:41	288	05:04:36
173	1020	Thomas Bennis	Almere	MU24	NED	00:28:27	19	01:13:19	01:44:46	02:58:04	680	03:31:47	401	00:28:45	00:30:04	00:31:21	01:30:09	40	05:04:57
174	1268	Jan Wrampelmeyer	Amsterdam	M35	GER	00:38:34	502			02:34:39	126	03:20:14	202	00:31:11	00:32:01	00:37:31	01:40:42	185	05:05:15
175	1393	Christian Cuneo	Amsterdam	M35	AUS	00:35:29	287	01:06:05	01:32:42	02:38:46	197	03:18:49	181	00:32:33	00:34:18	00:34:55	01:41:45	195	05:05:37
176	1613	Christian Faßbender	Köln	M45	GER	00:34:44	237			02:37:16	174	03:17:23	161	00:34:05	00:33:36	00:35:31	01:43:12	220	05:05:47
177	2036	Anne-katrin Reinl	Wülfrath	W30	GER	00:35:30	291	01:11:15	01:32:36	02:43:51	309	03:23:42	257	00:31:03	00:32:39	00:35:18	01:38:59	158	05:06:05
178	1169	Jorden van Luxemburg	Utrecht	M30	NED	00:38:02	474	01:11:29	01:36:40	02:48:08	409	03:31:47	402	00:29:32	00:30:48	00:30:56	01:31:15	52	05:06:19
179	1543	Guido Tap	Etten-leur	M40	NED	00:33:45	185	01:09:23	01:34:19	02:43:41	304	03:24:10	264	00:31:44	00:32:39	00:34:07	01:38:30	150	05:06:29
180	1777	Sven Kublun	Frankfurt	M50	GER	00:35:15	268	01:07:55	01:31:53	02:39:47	225	03:20:57	215	00:32:31	00:33:18	00:35:04	01:40:51	188	05:06:32
181	1554	Mark Ewing	Johannesburg	M40	RSA	00:32:06	102	01:03:29	01:29:58	02:33:26	102	03:09:21	80	00:34:10	00:36:58	00:42:04	01:53:10	424	05:06:39
182	1857	Arthur Mekenkamp	St. Germain De Confolens	M50	NED	00:37:15	434	01:08:02	01:33:39	02:41:41	267	03:23:01	249	00:33:20	00:32:53	00:33:52	01:40:04	175	05:06:44
183	1853	Roland Wessel	Amsterdam	M50	NED	00:33:45	186	01:04:57	01:29:53	02:34:50	127	03:12:52	107	00:34:36	00:40:48	00:35:15	01:50:37	372	05:06:50
184	1795	Paul van Brink	Voorshoten	M50	NED	00:33:07	149	01:08:03	01:30:29	02:38:31	193	03:17:30	162	00:31:50	00:34:18	00:38:09	01:44:16	235	05:06:51
185	1331	Arjan Felix	Hoofddorp	M35	NED	00:31:33	219	01:07:34	01:32:19	02:39:52	227	03:15:31	136	00:35:30	00:35:53	00:36:51	01:48:13	316	05:07:14
186	1504	Anne Floris Bottema	Nijland	M40	NED	00:34:26	81	01:04:58	01:29:56	02:34:53	130	03:14:06	115	00:34:56	00:35:59	00:36:33	01:47:27	305	05:07:18
187	2057	Tanya ten Velden	Alkmaar	W30	NED	00:30:01	50	01:12:39	01:40:43	02:53:21	566	03:27:37	316	00:31:11	00:32:05	00:33:12	01:36:27	113	05:07:27
188	1680	Albert Roelen	Bever	M45	NED	00:30:59	59	01:02:36	01:25:42	02:28:17	48	03:04:02	35	00:39:59	00:39:47	00:34:58	01:54:43	467	05:07:49
189	1039	Benedikt Jobb	Xanten	M25	GER	00:33:30	175			02:39:43	223	03:19:46	194	00:31:17	00:34:47	00:37:25	01:43:28	226	05:07:52
190	1035	Bram Lemmens	Hamont	M25	BEL	00:35:05	260			02:48:01	402	03:27:08	311	00:33:16	00:32:15	00:33:16	01:38:45	156	05:08:08
191	1778	Norbert Schröder	Rommerskirchen	M50	GER	00:33:53	193	01:07:42	01:29:56	02:37:37	181	03:18:06	169	00:33:32	00:35:24	00:37:46	01:46:41	289	05:08:08
192	2143	Annemiek Veenkamp	Zeewolde	W45	NED	00:37:02	428	01:07:35	01:31:16	02:38:50	198	03:19:51	196	00:33:16	00:35:08	00:37:10	01:45:34	263	05:08:12
193	1113	Nick Wittou																	

201	1797	Bart Zwagemaker	Castricum	M50	NED	00:34:54	246	01:08:31	01:34:00	02:42:31	282	03:22:49	246	00:33:53	00:33:35	00:35:00	01:42:27	211	05:09:28
202	1077	Tom Hopman	Ottersum	M25	NED	00:41:21	666	01:06:13	01:32:07	02:38:19	189	03:24:05	261	00:31:42	00:33:34	00:37:37	01:42:52	215	05:09:48
203	1198	Dave Lindelauf	Gulpen	M30	NED	00:35:22	279	01:02:22	01:24:31	02:26:52	37	03:07:58	71	00:36:01	00:39:07	00:42:52	01:57:59	542	05:09:52
204	1141	Ruud Meeren	Dongen	M30	NED	00:36:24	353			02:44:34	321	03:26:17	299	00:31:40	00:31:49	00:33:42	01:37:10	125	05:10:01
205	1413	Merijn Moreel	Sint-andries	M40	BEL	00:33:22	160	01:09:15	01:36:03	02:45:18	338	03:25:38	290	00:30:59	00:32:58	00:34:10	01:38:06	141	05:10:03
206	1622	Gert-jan Pingen	Nijmegen	M45	NED	00:35:46	312	01:09:02	01:34:48	02:43:50	308	03:25:29	286	00:33:19	00:33:37	00:34:30	01:41:25	194	05:10:06
207	1264	Warren Barnes	Crawley	M35	GBR	00:36:55	412	01:08:13	01:34:03	02:42:15	278	03:25:48	294	00:32:19	00:32:53	00:34:15	01:39:27	167	05:10:07
208	1150	Kaspar Straathof	Rijswijk Zh	M30	NED	00:32:55	135	01:02:46	01:26:44	02:29:30	58	03:07:39	66	00:35:21	00:42:18	00:41:49	01:59:27	585	05:10:07
209	1910	Paul Nijveldt	Almere	M55	NED	00:31:46	88	01:07:44	01:33:42	02:41:25	261	03:17:12	158	00:34:48	00:35:52	00:37:39	01:48:19	319	05:10:08
210	1614	Arno Becker	Haßloch	M45	GER	00:35:52	319			02:40:28	237	03:20:36	210	00:32:14	00:34:03	00:38:38	01:44:53	251	05:10:08
211	1179	Nico Dwidjono	Amsterdam	M30	NED	00:41:08	652	01:08:12	01:34:45	02:42:56	293	03:29:05	343	00:31:06	00:32:52	00:34:10	01:38:06	142	05:10:20
212	1206	Ruud Ansems	Breda	M30	NED	00:37:49	471	01:08:20	01:36:41	02:45:00	335	03:27:57	320	00:31:42	00:33:11	00:33:40	01:38:32	151	05:10:21
213	1221	Marco Weisbeek	Almere	M30	NED	00:27:08	6	01:09:34	01:38:04	02:47:37	390	03:18:54	183	00:33:51	00:34:44	00:38:02	01:46:37	285	05:10:22
214	1855	Rene Bos	Voorschoten	M50	NED	00:39:40	576	01:05:03	01:29:21	02:34:24	217	03:18:38	176	00:32:30	00:34:58	00:40:27	01:47:53	312	05:10:28
215	1109	Lee Vermeir	Denderleeuw	M30	BEL	00:34:12	210			02:42:21	179	03:22:49	247	00:33:38	00:33:34	00:34:07	01:41:18	193	05:10:29
216	1074	Reinier Vos	Andel	M25	NED	00:29:37	42	01:06:26	01:30:22	02:36:48	166	03:12:38	106	00:33:12	00:37:14	00:42:06	01:52:31	410	05:10:39
217	1398	Joeri Eriker	Zelzate	M40	BEL	00:33:51	191	01:11:04	01:31:20	02:42:24	280	03:20:37	211	00:34:12	00:34:17	00:34:51	01:43:19	221	05:10:45
218	1764	Peter Magill	Virum	M50	DEN	00:36:58	421	01:07:41	01:32:21	02:40:02	231	03:22:23	239	00:32:52	00:34:41	00:37:08	01:44:41	246	05:10:51
219	1240	Georgy Declerck	Bredene	M35	BEL	00:39:36	571	01:06:58	01:33:30	02:40:28	238	03:26:39	306	00:31:16	00:32:47	00:35:50	01:39:52	170	05:10:51
220	1640	Gerard Jager	Amsterdam	M45	NED	00:41:35	686	01:07:41	01:34:29	02:42:10	276	03:27:37	317	00:31:24	00:33:19	00:35:26	01:40:08	176	05:10:58
221	1054	Mick Claessens	Den Haag	M25	NED	00:48:17	918	01:08:48	01:32:14	02:41:01	248	03:35:11	478	00:28:35	00:30:01	00:32:10	01:30:46	46	05:11:00
222	1397	Matt Kelly	Wassenaar	M40	AUS	00:34:45	238	01:08:04	01:32:18	02:40:22	236	03:18:46	180	00:34:55	00:35:51	00:36:53	01:47:39	310	05:11:05
223	2078	Sylvia van Breda	Lent	W35	NED	00:31:59	97	01:09:59	01:37:44	02:47:42	391	03:22:03	230	00:33:28	00:35:39	00:38:01	01:47:07	298	05:11:09
224	2146	Yvette van Wegen	Almere	W45	NED	00:42:17	717	01:07:44	01:31:48	02:39:32	215	03:28:42	330	00:31:54	00:32:41	00:33:21	01:37:55	135	05:11:13
225	1277	Andreas König	Minden	M35	GER	00:35:18	275	01:07:42	01:31:33	02:39:14	209	03:19:34	188	00:33:43	00:35:59	00:38:40	01:48:22	321	05:11:15
226	1768	Steve Langham	Weesp	M50	GBR	00:47:42	910	01:04:07	01:28:47	02:32:53	94	03:26:51	309	00:31:58	00:33:01	00:34:51	01:39:50	169	05:11:37
227	1631	Rene Dreyling	Almere	M45	NED	00:33:24	165	01:10:15	01:35:57	02:46:12	355	03:24:04	260	00:31:32	00:33:17	00:39:33	01:44:21	239	05:11:37
228	1579	Ludwig Marchal	O.l.v.waver	M45	BEL	00:36:12	343	01:11:01	01:35:31	02:46:32	367	03:29:33	356	00:32:21	00:32:40	00:33:03	01:38:03	138	05:11:38
229	2022	Ellen Houweling	Nijmegen	W25	NED	00:46:22	883	01:09:59	01:34:45	02:44:43	326	03:34:21	459	00:29:46	00:31:02	00:34:07	01:34:54	94	05:11:43
230	1350	Ronald Meier	Paterswolde	M35	NED	00:32:35	120	01:09:32	01:30:23	02:39:55	229	03:17:54	168	00:35:31	00:36:38	00:38:19	01:50:27	367	05:11:44
231	1371	Rogier Bremer	Dronten	M35	NED	00:34:28	225	01:04:39	01:27:44	02:32:22	87	03:12:01	97	00:34:59	00:39:47	00:41:14	01:55:58	496	05:11:52
232	1580	Rik de Coppel	Ninove	M45	BIZ	00:42:45	738	01:01:31	01:27:19	02:28:50	51	03:17:30	163	00:35:23	00:37:36	00:37:39	01:50:38	373	05:11:55
233	1431	Dirk Geraths	Mönchengladbach	M40	GER	00:37:29	449	01:06:06	01:28:48	02:34:53	129	03:19:08	185	00:32:34	00:38:38	00:35:28	01:46:39	286	05:12:01
234	1390	Martin Zahumensky	Bratislava	M35	SVK	00:39:45	583	01:06:54	01:29:18	02:36:12	156	03:22:20	237	00:33:36	00:35:01	00:37:12	01:45:48	272	05:12:04
235	1258	Christophe Perrin	Amsterdam	M35	FRA	00:35:00	253	01:10:06	01:38:11	02:48:17	415	03:29:23	350	00:32:19	00:32:49	00:33:06	01:38:13	144	05:12:17
236	1029	Pieter Verstraete	Nazareth	M25	BEL	00:34:43	236	01:05:44	01:29:26	02:35:10	136	03:17:34	165	00:34:58	00:36:44	00:39:01	01:50:41	374	05:12:31
237	1177	Pieter Miedema	Nazwarden	M30	NED	00:36:59	424	01:06:40	01:33:03	02:39:43	220	03:22:25	240	00:33:38	00:35:07	00:37:34	01:46:19	282	05:12:33
238	1071	Joey van de Beek	Nijkerk Gld	M25	NED	00:41:24	671	01:12:37	01:35:35	02:48:11	411	03:35:55	490	00:30:46	00:31:09	00:30:55	01:32:49	65	05:12:33
239	1075	Robert Schuur	Utrecht	M25	NED	00:28:25	18	01:12:36	01:38:56	02:51:32	516	03:28:26	327	00:31:10	00:31:56	00:33:50	01:36:55	121	05:12:38
240	1400	Christophe Verhelst	Passendale	M40	BEL	00:35:27	286			02:34:05	112	03:14:33	121	00:37:02	00:37:23	00:39:58	01:54:22	459	05:12:39
241	1312	Wilfred Wiene	Almere	M35	NED	00:39:56	595	01:05:23	01:33:22	02:38:44	196	03:23:22	254	00:33:14	00:34:49	00:37:50	01:45:52	273	05:12:46
242	1188	Tom van Daalen	Veenendaal	M30	NED	00:29:05	32	01:10:24	01:34:22	02:44:46	330	03:20:34	208	00:33:50	00:35:05	00:38:11	01:47:05	297	05:12:46
243	1261	Garry James	Oxford	M35	GBR	00:40:58	641			02:42:52	290	03:29:23	351	00:30:34	00:32:11	00:35:32	01:38:17	145	05:12:52
244	1233	Andre Bremmer	Lambton	M35	AUS	00:36:21	350	01:05:51	01:33:16	02:39:07	206	03:20:38	212	00:34:20	00:35:56	00:38:23	01:48:38	327	05:12:54
245	1272	Fabian Klug	Flörsheim/weilbach	M35	GER	00:32:02	98	01:07:01	01:30:31	02:37:31	180	03:16:15	148	00:34:44	00:37:36	00:39:00	01:51:19	387	05:13:04
246	1248	Tim Verschaeren	Boechout	M35	BEL	00:33:16	155			02:45:29	341	03:26:01	296	00:33:18	00:33:27	00:34:22	01:41:06	191	05:13:10
247	1380	Anne de Jong	Drachten	M35	NED	00:35:33	295	01:08:20	01:39:53	02:48:12	414	03:30:26	375	00:30:12	00:33:01	00:35:32	01:38:45	154	05:13:16
248	1348	Maarten Schenkelaars	Eindhoven	M35	NED	00:36:10	342	01:12:11	01:37:47	02:49:58	471	03:33:45	448	00:31:16	00:31:44	00:31:52	01:34:52	93	05:13:31
249	1410	Glenn Panis	Kalmaarden	M40	BEL	00:38:27	493	01:07:22	01:33:43	02:41:05	251	03:25:26	284	00:32:50	00:33:36	00:36:02	01:42:26	210	05:13:39
250	1890	Laszlo Borocz	Geszthely	M55	HUN	00:32:40	125	01:10:44	01:32:54	02:43:38	303	03:23:12	253	00:34:15	00:34:51	00:34:53	01:43:58	234	05:14:06
251	287	Moul Kaewkokua	Den Haag	M50	NED	00:41:58	698	01:06:48	01:30:30	02:37:17	176	03:23:53	259	00:34:40	00:35:11	00:36:56	01:46:47	292	05:14:09
252	1211	Thijs Rood	Almere	M30	NED	00:35:01	255	01:08:38	01:32:40	02:41:18	257	03:21:24	220	00:32:06	00:37:24	00:39:23	01:48:52	331	05:14:19
253	1586	Bryan Park	Carshalton Beches	M45	GBR	00:33:50	189	01:08:35	01:36:10	02:44:45	328	03:24:30	267	00:32:26	00:34:41	00:37:46	01:44:53	250	05:14:20
254	1360	Michel Wigbers	Haarlem	M35	NED	00:28:22	17	01:11:53	01:36:48	02:48:41	430	03:24:09	263	00:33:17	00:34:50	00:37:28	01:45:34	264	05:14:22
255	1553	Robert Sikora	Frankfurt Am Main	M40	POL	00:33:29	173	01:10:40	01:37:05	02:47:45	392	03:28:15	325	00:32:43	00:33:00	00:32:44	01:38:26	148	05:14:28
256	1218	Paul Langelaan	Leiderdorp	M30	NED	00:36:06	335			02:37:43	183	03:18:26	174	00:36:58	00:37:28	00:36:33	01:50:58	378	05:14:45
257	1804	Peter Dreijling	Kortenhoef	M50	NED	00:34:34	227	01:12:34	01:40:33	02:53:07	559	03:33:28	442	00:30:56	00:32:15	00:32:59	01:36:09	105	05:14:48
258	1448	Michel Lamtink	Zwolle	M40	NED	00:36:20	349			02:32:36	90	03:14:46	126	00:35:34	00:38:57	00:41:41	01:56:12	499	05:14:49
25																			

278	2153	Esther van Duijnhoven	Uden	W45	NED	00:35:29	288	01:07:41	01:32:50	02:40:30	239	03:20:07	199	00:35:55	00:37:21	00:39:38	01:52:53	416	05:17:01
279	1375	Michael Leuven	Hoofddorp	M35	NED	00:42:23	723	01:07:13	01:32:27	02:39:40	219	03:28:21	326	00:31:56	00:35:28	00:37:08	01:44:31	243	05:17:08
280	1295	Johannes van der Meer	Hurdegaryp	M35	NED	00:34:05	200	01:09:52	01:35:36	02:45:27	340	03:26:20	301	00:34:51	00:35:00	00:35:56	01:45:45	270	05:17:10
281	1707	Martijn Janssen	Boskoop	M45	NED	00:36:07	337	01:03:00	01:27:14	02:30:14	64	03:12:30	103	00:36:56	00:40:05	00:43:17	02:00:18	600	05:17:38
282	2051	Rianne Snel	Ijsselstein	W30	NED	00:35:30	290	01:08:29	01:34:20	02:42:48	288	03:22:15	235	00:34:59	00:37:25	00:39:16	01:51:39	393	05:17:47
283	1196	Jeroen Meinders	Ijmuiden	M30	NED	00:33:19	157	01:12:39	01:41:39	02:54:18	594	03:34:47	466	00:32:13	00:33:08	00:34:08	01:39:28	168	05:17:50
284	1527	Richard Strobbe	Almere	M40	NED	00:34:42	235			02:42:44	285	03:22:18	236	00:34:24	00:37:10	00:40:46	01:52:19	408	05:17:51
285	1548	David Grainger	Raega	M40	NOR	00:32:21	114	01:08:30	01:32:55	02:41:24	259	03:18:50	182	00:37:09	00:38:47	00:39:40	01:55:35	483	05:18:03
286	1032	Kristof van Looy	Zoersel	M25	BEL	00:32:47	131	01:12:54	01:37:29	02:50:23	484	03:30:39	378	00:33:07	00:33:56	00:36:00	01:43:02	218	05:18:13
287	1281	Giorgio Carrara	Amsterdam	M35	ITA	00:40:43	622	01:11:49	01:39:56	02:51:44	522	03:39:22	550	00:30:09	00:31:34	00:32:49	01:34:31	89	05:18:15
288	1097	Floris Baart	Amsterdam	M25	NED	00:34:28	224	01:07:37	01:31:02	02:38:39	194	03:20:42	213	00:33:04	00:37:53	00:41:20	01:52:16	405	05:18:16
289	1921	Wout de Vries	Almere	M55	NED	00:44:12	820	01:02:33	01:27:42	02:30:15	65	03:21:50	227	00:35:11	00:37:46	00:39:17	01:52:13	404	05:18:18
290	1094	Branislav Lányí	Velký Grob	M25	SVK	00:39:45	584	01:07:07	01:34:16	02:41:23	258	03:29:08	346	00:32:51	00:34:46	00:37:07	01:44:43	247	05:18:27
291	1700	Bert Bakkeren	Roosendaal	M45	NED	00:40:48	627	01:07:09	01:32:34	02:39:43	221	03:26:06	297	00:34:22	00:35:56	00:36:50	01:47:07	299	05:18:29
292	1224	Anton Kuznetsov	Moscow	M30	RUS	00:38:25	493			02:32:19	85	03:16:28	152	00:38:04	00:40:03	00:39:17	01:57:23	526	05:18:36
293	1373	Egbert Siebrand	Enschede	M35	NED	00:43:32	771	01:08:50	01:32:42	02:40:11	233	03:29:07	345	00:35:15	00:35:01	00:36:01	01:46:16	280	05:18:39
294	1578	Walter Cuypers	Lommel	M45	BEL	00:32:08	104			02:43:10	296	03:21:30	221	00:35:06	00:37:34	00:38:58	01:51:37	391	05:18:49
295	1568	Raphael Staquet	Zoersel	M45	BEL	00:38:31	498	01:07:41	01:32:34	02:40:14	234	03:25:07	280	00:35:23	00:36:37	00:37:15	01:49:14	342	05:18:49
296	1006	Ignacio Delgado Ferreira	Madrid	MU24	ESP	00:38:04	476	01:10:40	01:38:07	02:48:46	434	03:33:12	438	00:31:21	00:32:47	00:36:02	01:40:10	177	05:18:54
297	1291	Jaap Kersten	Amsterdam	M35	NED	00:34:55	250	01:08:43	01:30:15	02:38:57	202	03:18:40	177	00:38:38	00:38:07	00:38:24	01:55:08	477	05:19:07
298	1286	Rob Egberink	Lonneker	M35	NED	00:33:00	143	01:12:07	01:39:44	02:51:51	526	03:29:54	363	00:33:54	00:34:12	00:36:21	01:44:26	241	05:19:10
299	1025	Jeroen van der Valk	Noordwijkerhout	MU24	NED	00:36:02	331	01:11:51	01:37:56	02:49:47	469	03:33:30	444	00:33:52	00:34:05	00:33:21	01:41:16	192	05:19:23
300	1438	Mirco Weinand	Heilbronn	M40	GER	00:38:52	529	01:07:35	01:32:43	02:40:18	235	03:29:26	352	00:32:53	00:34:21	00:37:04	01:44:17	237	05:19:24
301	1600	Markus Ehry	Flörsheim	M45	GER	00:36:30	361	01:07:09	01:31:59	02:39:07	207	03:24:39	272	00:34:34	00:37:00	00:38:09	01:49:42	355	05:19:35
302	1187	Mike Wijnen	Eindhoven	M30	NED	00:35:07	262			02:39:14	208	03:22:26	241	00:36:29	00:37:15	00:39:37	01:53:20	427	05:19:37
303	1064	Corné Kortlever	Bergambacht	M25	NED	00:36:46	389	01:08:19	01:31:14	02:39:33	216	03:22:11	233	00:36:55	00:37:44	00:39:17	01:53:26	426	05:19:38
304	1189	Niels Oosterwijk	Rotterdam	M30	NED	00:29:56	47	01:08:39	01:33:12	02:41:51	269	03:18:09	170	00:33:28	00:38:04	00:46:33	01:58:03	546	05:19:43
305	1464	Pascal Luyten	Amsterdam	M40	NED	00:40:13	611	01:11:58	01:38:05	02:50:02	474	03:37:53	527	00:31:19	00:31:40	00:32:36	01:35:34	102	05:19:53
306	1195	Erwin Wentink	Eemnes	M30	NED	00:36:29	359			02:46:42	371	03:29:02	341	00:33:33	00:34:51	00:38:50	01:47:13	300	05:20:01
307	1416	Fredrik Dousy	Roeselare	M40	BEL	00:32:40	124	01:11:24	01:36:31	02:47:54	396	03:25:31	287	00:34:19	00:36:34	00:38:48	01:49:39	353	05:20:10
308	2112	Margalith Goud	Lelystad	M40	NED	00:31:27	78	01:14:52	01:40:59	02:55:50	639	03:31:35	398	00:33:57	00:35:04	00:36:01	01:45:01	252	05:20:13
309	1709	Rob Wijffjes	Hillegom	M45	NED	00:38:07	479	01:08:25	01:35:02	02:43:26	302	03:28:35	329	00:33:36	00:35:37	00:37:37	01:46:49	293	05:20:34
310	1555	Nikolay Volkov	Amsterdam	M40	RUS	00:44:06	810	01:13:21	01:40:58	02:54:18	596	03:44:36	636	00:30:40	00:30:24	00:30:05	01:31:08	50	05:20:39
311	1752	Joel Allen	Gilbertsville	M45	USA	00:37:16	435	01:06:01	01:35:59	02:42:00	272	03:24:54	277	00:33:27	00:37:40	00:38:27	01:49:33	349	05:20:40
312	1502	Immanuel Noorman	Soest	M40	NED	00:36:46	391	01:10:06	01:36:03	02:46:08	353	03:29:38	359	00:32:43	00:34:26	00:37:29	01:44:37	244	05:20:43
313	1166	Erik Millian Schöbel	Stadskanaal	M30	NED	00:33:45	187	01:08:00	01:36:35	02:44:35	323	03:25:49	295	00:35:13	00:38:17	00:37:23	01:50:52	377	05:20:44
314	1030	Quentin Delberghe	Daussois	M25	BEL	00:35:40	306	01:10:55	01:38:49	02:49:44	468	03:31:21	391	00:33:49	00:35:10	00:36:59	01:45:57	274	05:20:58
315	1676	Ronald Veuger	Zwltbommel	M40	NED	00:33:22	162	01:09:31	01:36:53	02:46:23	363	03:25:40	291	00:34:45	00:36:46	00:40:13	01:51:43	396	05:21:16
316	1345	Sjoerd Plantinga	Leeuwarden	M35	NED	00:44:06	811	01:13:06	01:29:50	02:42:55	292	03:33:38	445	00:32:14	00:32:20	00:34:45	01:39:18	164	05:21:16
317	1577	Christiaan Lambert	Ninove	M45	BEL	00:36:57	418	01:07:08	01:32:22	02:39:30	214	03:22:01	229	00:37:40	00:38:30	00:38:02	01:54:11	453	05:21:24
318	1339	André Bockholts	Veldhoven	M35	NED	00:40:19	614	01:10:01	01:36:15	02:46:16	356	03:33:44	447	00:33:12	00:34:18	00:35:17	01:42:45	214	05:21:26
319	1815	Peter van Veen	Oud-beijerland	M50	NED	00:41:24	673	01:09:49	01:37:59	02:47:48	394	03:33:45	449	00:33:01	00:34:24	00:36:22	01:43:46	231	05:21:27
320	1756	Karel Deforche	Izegem	M50	BEL	00:35:35	299	01:10:44	01:37:16	02:48:00	400	03:30:14	371	00:34:09	00:35:19	00:36:43	01:46:10	278	05:21:40
321	1082	Jeroen Pisart	Noordwijk	M25	NED	00:30:30	55	01:13:51	01:37:27	02:51:18	511	03:26:35	305	00:36:49	00:36:52	00:37:20	01:51:00	379	05:21:52
322	1544	Michon Cirkel	Arnhem	M40	NED	00:37:30	450	01:07:31	01:33:33	02:41:03	250	03:25:04	279	00:34:46	00:36:25	00:40:29	01:51:40	394	05:21:56
323	1776	Oliver Rexforth	Dinslaken	M50	GER	00:33:02	145	01:09:13	01:34:36	02:43:49	307	03:23:04	251	00:36:54	00:37:40	00:39:04	01:53:36	437	05:21:58
324	1627	Yvo Boin	Almere	M45	NED	00:39:53	589	01:10:03	01:35:34	02:45:37	345	03:33:49	451	00:33:55	00:33:54	00:35:33	01:43:21	223	05:22:18
325	1743	Arthur Dieters	Almere	M45	NED	00:37:22	440	01:11:53	01:37:02	02:48:55	443	03:33:08	434	00:33:00	00:34:44	00:37:49	01:45:33	262	05:22:20
326	2049	Annemiekk Willemze	Leiderdorp	W30	NED	00:32:56	137	01:10:13	01:35:13	02:45:25	339	03:21:34	224	00:36:47	00:39:35	00:42:11	01:58:31	560	05:22:35
327	1167	Niels de Water	Den Haag	M30	NED	00:39:40	578			02:41:29	262	03:26:51	308	00:35:31	00:36:28	00:38:16	01:50:15	362	05:22:47
328	1271	Okko Nannen	Oldenburg	M35	GER	00:33:26	169			02:53:23	567	03:31:10	389	00:35:05	00:36:02	00:37:27	01:48:34	325	05:22:51
329	1645	Patrick Westerveld	Breda	M45	NED	00:38:38	506	01:10:25	01:39:07	02:49:32	461	03:34:23	461	00:32:44	00:35:07	00:36:33	01:44:23	240	05:22:53
330	1309	Tibor van Bekkum	Amsterdam	M35	NED	00:33:57	194												

349	1560	Pieter Bas Leezenberg	San Francisco	M50	NED	00:32:57	138	01:08:31	01:32:41	02:41:12	255	03:25:20	282	00:36:45	00:37:40	00:38:57	01:53:21	428	05:25:25
350	1792	Adrie Offringa	Hillegom	M50	NED	00:39:30	562	01:06:53	01:35:53	02:42:46	287	03:28:56	338	00:35:41	00:37:22	00:38:48	01:51:51	398	05:25:36
351	1369	Stijn van Poppel	Utrecht	M35	NED	00:41:22	668	01:14:14	01:38:05	02:52:18	539	03:42:05	588	00:32:26	00:32:10	00:33:02	01:37:37	131	05:25:42
352	1091	Jelle Bruineberg	Amsterdam	M25	NED	00:43:22	760	01:07:10	01:34:38	02:41:48	268	03:31:24	392	00:31:44	00:36:16	00:41:38	01:49:37	351	05:25:42
353	1646	Robert-Jan Burgers	Bussum	M45	NED	00:30:59	60	01:11:42	01:38:02	02:49:43	467	03:28:43	331	00:33:48	00:36:48	00:39:56	01:50:31	370	05:25:50
354	1330	Sander Bon	Lelystad	M35	NED	00:31:04	64	01:04:56	01:26:23	02:31:18	78	03:06:19	59	00:33:19	00:42:47	01:00:05	02:16:11	853	05:25:53
355	1549	Reidar Meyer	Oslo	M40	NOR	00:44:28	837	01:08:49	01:33:56	02:42:45	286	03:33:10	436	00:33:53	00:36:12	00:38:02	01:48:07	314	05:25:54
356	1409	Pierre Frankinet	Louveigné	M40	BEL	00:35:54	322	01:11:06	01:41:32	02:52:38	545	03:35:42	488	00:33:31	00:35:42	00:36:27	01:45:39	266	05:25:58
357	1895	Peter Hendrix	Brunssum	M55	NED	00:44:22	832	01:09:25	01:34:02	02:43:26	301	03:37:57	530	00:33:41	00:34:11	00:34:49	01:42:39	213	05:26:01
358	1725	Erik Caem	Amsterdam	M45	NED	00:33:37	181	01:09:00	01:38:37	02:47:37	389	03:27:01	310	00:34:27	00:39:42	00:40:02	01:54:10	452	05:26:03
359	1138	Carsten Weibel	Marl	M30	GER	00:35:55	325	01:12:57	01:40:58	02:53:54	583	03:37:42	524	00:33:04	00:34:32	00:35:27	01:43:02	217	05:26:16
360	1081	Erik van Tilburg	Wesel	M25	NED	00:36:14	346	01:08:17	01:28:39	02:36:55	170	03:17:38	166	00:37:44	00:40:31	00:46:03	02:04:17	688	05:26:27
361	1886	Andreas Ressing	Ooij	M55	GER	00:36:54	410	01:11:11	01:39:55	02:51:06	504	03:34:19	458	00:34:18	00:35:50	00:37:57	01:48:04	313	05:26:40
362	1864	Ronald Koch	Almere	M50	NED	00:33:26	168	01:11:45	01:38:51	02:50:36	489	03:28:52	334	00:34:46	00:38:29	00:39:48	01:53:01	421	05:26:47
363	1702	Job van den Berg	Slidrecht	M45	NED	00:41:33	683	01:08:04	01:37:30	02:45:34	343	03:32:18	413	00:35:03	00:37:20	00:37:29	01:49:52	357	05:26:49
364	1135	Timo Rüter	Aurich	M30	GER	00:34:26	220			02:50:49	495	03:33:29	443	00:34:43	00:35:31	00:38:47	01:49:00	335	05:26:56
365	1517	Andries van den Elzen	Geffen	M40	NED	00:38:06	478	01:08:57	01:36:17	02:45:13	337	03:29:34	357	00:36:32	00:37:27	00:39:52	01:53:49	444	05:27:03
366	1229	Rutger van den Engel	Amsterdam	M30	NED	00:41:18	662	01:14:22	01:40:54	02:55:15	627	03:42:50	603	00:32:25	00:33:02	00:34:32	01:39:58	174	05:27:07
367	1490	Martel Smits	Giessenburg	M40	NED	00:35:17	272	01:11:24	01:37:35	02:48:59	447	03:29:54	364	00:34:17	00:37:16	00:40:05	01:51:37	392	05:27:10
368	1273	Manuel ter Bekke	Kalkar	M35	GER	00:39:11	545	01:10:28	01:37:30	02:47:58	398	03:36:12	494	00:33:55	00:35:16	00:36:48	01:45:59	275	05:27:16
369	1509	Willem van Engeland	Eindhoven	M40	NED	00:37:25	442	01:07:43	01:35:28	02:43:11	297	03:25:28	285	00:35:56	00:38:01	00:43:55	01:57:51	539	05:27:25
370	2165	Anneke van Paassen	Haarlem	W50	NED	00:35:17	271	01:10:51	01:39:24	02:50:14	481	03:30:05	368	00:36:09	00:37:32	00:39:00	01:52:40	411	05:27:53
371	2085	Natasja Daniëls	Zonhoven	W40	BEL	00:42:14	712	01:10:20	01:37:43	02:48:03	404	03:36:20	497	00:35:36	00:35:44	00:36:14	01:47:33	307	05:27:57
372	1463	Bastiaan Roestenberg	Amsterdam	M40	NED	00:40:58	640	01:13:14	01:37:42	02:50:56	500	03:39:38	554	00:32:41	00:33:53	00:34:26	01:40:59	190	05:27:58
373	2128	Birgit Zuddas	Gladbeck	W45	GER	00:35:25	282	01:14:46	01:43:46	02:58:31	686	03:40:43	573	00:33:52	00:34:07	00:35:06	01:43:04	219	05:28:03
374	1620	Ton Wolfs	Elst Gld	M45	NED	00:35:41	308	01:09:46	01:36:43	02:46:28	366	03:28:04	322	00:33:01	00:37:48	00:44:13	01:55:01	475	05:28:18
375	1202	Thom Kahle	Almere	M30	NED	00:35:13	266	01:07:42	01:31:58	02:39:39	218	03:21:31	222	00:37:08	00:39:23	00:45:02	02:01:32	631	05:28:29
376	1098	Bram Uijterschout	Amsterdam	M25	NED	00:34:46	241	01:11:11	01:37:22	02:48:32	426	03:30:08	370	00:36:47	00:38:12	00:38:51	01:53:49	443	05:28:39
377	1905	Hans Houps	Rockanje	M55	NED	00:32:48	132	01:08:06	01:35:02	02:43:08	295	03:22:58	248	00:38:09	00:39:31	00:41:28	01:59:07	574	05:28:40
378	1155	Menno Steenbergen	Amsterdam	M30	NED	00:35:53	320	01:19:58	01:36:45	02:56:42	656	03:37:00	511	00:33:34	00:35:48	00:37:20	01:46:42	290	05:28:50
379	1604	Andreas Herse	Harsewinkel	M45	GER	00:30:12	54	01:12:37	01:39:13	02:51:49	524	03:28:11	323	00:34:29	00:36:24	00:42:42	01:53:34	434	05:29:01
380	1630	Dirk van Hoek	Weesp	M45	NED	00:39:05	542	01:13:33	01:32:48	02:46:20	360	03:32:29	417	00:34:05	00:38:15	00:39:03	01:51:23	388	05:29:02
381	1370	Jeroen Ruijs	Almere	M35	NED	00:31:24	73	01:13:10	01:40:40	02:49:49	582	03:32:05	407	00:35:32	00:36:59	00:38:34	01:51:03	383	05:29:03
382	1809	Marc Brinkman	Limmen	M50	NED	00:40:25	616	01:11:14	01:38:44	02:49:57	470	03:36:49	506	00:34:33	00:34:56	00:36:18	01:45:47	291	05:29:06
383	1537	Krispijn Teunissen	Nijmegen	M40	NED	00:36:42	381	01:10:25	01:35:25	02:45:49	349	03:29:30	355	00:35:22	00:38:16	00:42:11	01:55:48	471	05:29:07
384	1826	Willem de Gouw	Alphen Aan Den Rijn	M50	NED	00:31:20	70	01:06:37	01:34:18	02:40:55	246	03:17:53	167	00:38:47	00:42:03	00:43:34	02:04:23	692	05:29:20
385	1829	Ton van Vliet	Schiedam	M50	NED	00:35:15	267	01:08:47	01:30:41	02:39:27	211	03:20:18	204	00:39:13	00:40:23	00:43:36	02:03:12	669	05:29:23
386	1518	Harm Cop	Eindhoven	M40	NED	00:39:05	543	01:10:06	01:35:29	02:45:35	344	03:34:13	457	00:34:27	00:35:25	00:38:48	01:48:39	328	05:29:25
387	1803	Frank Wandel	Oosterbeek	M50	NED	00:43:03	748	01:10:54	01:36:57	02:47:50	395	03:35:52	489	00:35:43	00:35:36	00:37:27	01:48:45	330	05:29:28
388	2096	Marjan van Galen	Delft	W40	NED	00:36:53	407	01:12:45	01:42:48	02:55:32	634	03:37:02	512	00:35:48	00:35:36	00:37:29	01:48:53	332	05:29:31
389	2005	Marieke de Graaf	Groningen	WU24	NED	00:40:49	628	01:14:10	01:39:30	02:53:40	573	03:41:27	579	00:32:23	00:34:37	00:35:54	01:42:53	216	05:29:42
390	1185	Dennis Vleugel	Almere	M30	NED	00:32:58	140	01:14:11	01:40:30	02:54:41	609	03:33:49	450	00:35:02	00:37:37	00:40:21	01:52:59	420	05:29:49
391	1459	Jeroen van Hees	Culemborg	M40	NED	00:38:18	486	01:11:41	01:36:43	02:48:24	419	03:33:11	437	00:36:22	00:37:27	00:38:08	01:51:56	400	05:29:50
392	1212	Tim Bronkhorst	Amsterdam	M30	NED	00:34:08	204	01:12:08	01:34:03	02:46:11	354	03:26:30	304	00:37:07	00:40:31	00:41:52	01:59:30	587	05:29:54
393	1847	Co Jansen	Nieuw-vennep	M50	NED	00:36:49	399	01:10:03	01:38:27	02:48:30	424	03:31:30	394	00:34:46	00:37:39	00:39:52	01:52:16	406	05:29:57
394	1913	Piet van Tol	Lisse	M55	NED	00:42:14	713	01:08:22	01:31:47	02:40:09	232	03:29:14	348	00:35:56	00:37:33	00:42:48	01:56:16	503	05:29:57
395	1852	Kees Jansen	Hillegom	M50	NED	00:34:49	244	01:10:46	01:37:14	02:48:00	401	03:29:17	349	00:35:33	00:37:32	00:42:50	01:55:54	493	05:29:58
396	1717	Arjan Sollewijn Gelpke	Hilversum	M45	NED	00:35:06	261	01:11:10	01:37:09	02:48:18	417	03:30:19	373	00:35:31	00:40:17	00:40:00	01:55:47	490	05:30:02
397	1130	Heiko Süthoff	Hamburg	M30	GER	00:37:31	451	01:09:31	01:35:16	02:44:46	331	03:28:55	336	00:34:08	00:39:38	00:43:11	01:56:56	517	05:30:06
398	1812	Marc de Rooy	Lelystad	M50	NED	00:41:35	687	01:10:17	01:38:27	02:48:44	433	03:38:18	533	00:34:32	00:36:21	00:36:02	01:46:54	295	05:30:16
399	1683	Alex Elbers	Zuid Beijerland	M45	NED	00:37:22	441	01:09:02	01:33:38	02:42:40	284	03:26:07	298	00:35:51	00:39:02	00:45:57	02:00:49	616	05:30:20
400	1937	Piet Kruidnier	Rotterdam	M60	NED	00:48:26	922	01:12:32	01:43:38	02:47:09	383	04:43:40	616	00:33:10	00:35:00	00:33:42	01:41:52	198	05:30:20

419	1199	Jouke Bakker	Enschede	M30	NED	00:39:44	582	01:14:19	01:45:47	03:00:05	706	03:50:38	723	00:30:31	00:31:10	00:33:25	01:35:05	96	05:32:07
420	1868	John Berkeljon	Hoofddorp	M50	NED	00:35:46	313	01:10:43	01:37:29	02:48:11	413	03:30:53	383	00:35:57	00:39:25	00:39:58	01:55:18	479	05:32:08
421	1399	James de Groot	Brakel	M40	BEL	00:40:59	642	01:13:00	01:33:35	02:46:34	368	03:33:18	440	00:35:19	00:37:04	00:42:06	01:54:28	462	05:32:08
422	1462	Bastiaan Gosselink	Rheden	M40	NED	00:36:52	404	01:09:33	01:37:22	02:46:55	375	03:29:28	353	00:34:15	00:36:12	00:46:29	01:56:56	516	05:32:11
423	1875	Marc Heppener	Sassenheim	M50	NED	00:37:25	443	01:11:45	01:37:44	02:49:29	460	03:36:26	500	00:34:29	00:36:12	00:39:49	01:50:29	369	05:32:24
424	1243	Manu Vandecasteele	Koksijde	M35	BEL	00:36:54	408	01:12:47	01:41:47	02:54:33	605	03:38:49	542	00:35:33	00:36:40	00:35:59	01:48:11	315	05:32:54
425	2102	Anne-marie van Rens	Heemstede	W40	NED	00:38:28	495	01:08:46	01:38:23	02:47:09	382	03:30:06	369	00:37:48	00:40:50	00:40:21	01:58:58	569	05:33:03
426	1827	Eric Boers	Alphen Aan Den Rijn	M50	NED	00:36:30	362	01:10:09	01:41:07	02:51:16	509	03:32:44	423	00:36:09	00:37:32	00:41:05	01:54:44	468	05:33:06
427	1610	Michael Steffens	Meppen	M45	GER	00:41:44	690	01:12:52	01:38:49	02:51:41	520	03:42:29	598	00:31:11	00:33:20	00:39:17	01:43:48	232	05:33:07
428	1106	Bart Hubregt	Sijsele	M30	BEL	00:44:26	836	01:10:36	01:39:25	02:50:01	473	03:40:44	574	00:33:58	00:35:43	00:39:21	01:49:01	337	05:33:24
429	1870	Mark Quinlan	Cape Town	M50	RSA	00:34:21	216	01:09:51	01:33:06	02:42:57	294	03:23:07	252	00:36:40	00:41:23	00:48:28	02:06:30	739	05:33:24
430	1452	Dennis van Putten	Hendrik Ido Ambacht	M40	NED	00:42:22	722	01:08:45	01:31:57	02:40:41	242	03:29:48	362	00:37:29	00:39:49	00:42:14	01:59:30	588	05:33:39
431	1789	Robert Bosma	Amsterdam	M50	NED	00:34:53	245	01:09:14	01:36:41	02:45:55	350	03:26:21	302	00:36:26	00:41:51	00:44:26	02:02:43	653	05:33:44
432	1748	Scotty Taylor	Den Hague	M45	NZL	00:41:30	679	01:13:56	01:32:44	02:46:39	370	03:37:25	520	00:33:11	00:35:22	00:38:09	01:46:41	287	05:34:00
433	1386	Pawel Luberadzki	Hilversum	M35	POL	00:38:08	481	01:09:08	01:39:18	02:48:26	421	03:31:33	397	00:38:52	00:38:28	00:41:41	01:59:00	571	05:34:08
434	1494	Geart Buma	Amsterdam	M40	NED	00:34:59	252	01:12:45	01:41:42	02:54:26	601	03:35:03	470	00:35:44	00:39:33	00:38:32	01:53:47	442	05:34:15
435	1735	Hans Bosman	Almere	M45	NED	00:40:53	633	01:12:34	01:43:04	02:55:37	636	03:44:51	644	00:34:29	00:35:13	00:35:50	01:45:30	261	05:34:16
436	1143	Ilko Remmers	Wormerveer	M30	NED	00:51:08	962	01:03:03	01:27:42	02:30:45	69	03:30:01	367	00:35:43	00:39:44	00:43:02	01:58:29	558	05:34:21
437	1526	Sander van den Berg	Nieuwegein	M40	NED	00:36:46	390	01:10:13	01:36:56	02:47:09	381	03:32:59	431	00:38:15	00:39:00	00:38:30	01:55:44	488	05:34:24
438	1831	Rene Vermeeren	Almere	M50	NED	00:38:21	488	01:12:17	01:41:31	02:53:47	579	03:39:52	560	00:33:56	00:36:13	00:38:06	01:48:14	317	05:34:26
439	1639	Erik Simons	Alkmaar	M45	NED	00:37:33	454	01:13:43	01:35:44	02:49:27	459	03:33:06	433	00:36:08	00:37:25	00:43:55	01:57:28	530	05:34:52
440	1467	Barry Miedema	Aerdenhout	M40	NED	00:43:20	759	01:11:40	01:36:07	02:47:47	393	03:40:35	569	00:36:02	00:36:22	00:36:03	01:48:26	323	05:35:01
441	1658	Oscar de Goede	Bilthoven	M45	NED	00:41:53	695	01:10:10	01:35:37	02:45:47	348	03:36:49	505	00:36:13	00:37:06	00:39:52	01:53:10	423	05:35:02
442	1220	Coen Spierings	Rosmalen	M30	NED	00:31:45	86	01:07:31	01:35:54	02:43:25	300	03:21:49	226	00:39:30	00:47:26	00:38:53	02:05:49	730	05:35:05
443	1675	Marc Verhoeven	Spijkennisse	M45	NED	00:41:32	681	01:12:32	01:39:20	02:51:52	529	03:39:49	558	00:35:31	00:36:00	00:39:38	01:51:08	384	05:35:06
444	1351	Jeroen Mesman	Nieuw Venneep	M35	NED	00:34:25	218	01:24:24	01:35:47	03:00:11	708	03:41:30	581	00:33:15	00:35:51	00:39:55	01:49:00	336	05:35:06
445	1839	Paul Verrijp	Amersfoort	M50	NED	00:35:52	318	01:14:23	01:39:26	02:53:48	580	03:35:21	483	00:36:52	00:38:45	00:39:59	01:55:34	482	05:35:13
446	1445	Tom Prins	Amsterdam	M40	NED	00:49:56	946	01:07:39	01:30:45	02:38:23	190	03:39:29	553	00:34:50	00:37:09	00:37:58	01:49:56	358	05:35:16
447	2156	Linda Nagel	Lelystad	W45	NED	00:35:18	274	01:10:26	01:34:20	02:44:45	329	03:24:18	265	00:40:57	00:42:33	00:45:03	02:08:32	771	05:35:44
448	1422	Gabrielle David	Mont Saint Aignan	M40	FRA	00:34:11	209	01:12:55	01:42:01	02:54:56	619	03:37:48	526	00:36:18	00:37:48	00:37:37	01:51:42	395	05:35:47
449	1511	Jacco Rijnbeek	Leiden	M40	NED	00:41:00	644	01:09:40	01:36:28	02:56:08	352	03:34:21	460	00:37:50	00:39:41	00:41:46	01:59:21	581	05:36:20
450	1938	Koos Jansen	Enschede	M60	NED	00:46:06	880	01:09:39	01:34:39	02:44:18	318	03:36:54	508	00:36:23	00:36:59	00:40:23	01:53:44	439	05:35:55
451	1822	Otto Korstenbroek	Aerdenhout	M50	NED	00:41:54	696	01:12:38	01:42:26	02:55:04	622	03:44:39	639	00:33:42	00:35:13	00:36:44	01:45:38	265	05:35:58
452	2149	Sandra Kleine	Breda	W45	NED	00:39:47	585	01:10:52	01:38:33	02:49:24	456	03:38:47	539	00:36:22	00:36:13	00:36:53	01:49:28	346	05:36:03
453	1667	Egbert Nikkels	Boornbergum	M45	NED	00:40:09	608	01:05:38	01:31:49	02:37:26	179	03:24:45	274	00:38:50	00:41:47	00:45:33	02:06:10	735	05:36:10
454	1089	Rudy Vermeulen	Den Helder	M25	NED	00:35:49	316	01:11:49	01:38:25	02:50:13	480	03:32:57	429	00:36:01	00:39:18	00:42:48	01:58:05	547	05:36:16
455	2088	Liz Mayon-White	Andover	W40	GBR	00:36:13	345	01:12:53	01:42:00	02:54:53	613	03:35:27	485	00:35:43	00:39:17	00:41:14	01:56:13	501	05:36:19
456	1861	Maarten Zon	Almere	M50	NED	00:35:53	321	01:12:21	01:38:47	02:51:07	506	03:32:36	421	00:37:55	00:39:41	00:41:46	01:59:21	581	05:36:20
457	1551	Piotr Wesolowski	Bonn	M40	POL	00:44:18	828	01:09:44	01:34:24	02:44:08	313	03:37:17	517	00:33:16	00:38:32	00:41:00	01:52:47	414	05:36:23
458	1805	Sieger-rink de Jong	Zwolde	M50	NED	00:43:14	753	01:10:41	01:37:37	02:48:17	416	03:38:36	536	00:36:06	00:36:58	00:39:37	01:52:41	412	05:36:27
459	1626	Giuseppe Pasanisi	Amstelveen	M45	NED	00:38:53	531	01:11:24	01:35:39	02:47:02	377	03:34:01	455	00:36:50	00:40:50	00:39:35	01:57:14	522	05:36:30
460	1158	Marc van Leeuwen	Amsterdam	M30	NED	00:38:06	477	01:15:09	01:41:26	02:56:34	652	03:42:54	604	00:35:34	00:36:07	00:37:22	01:49:02	338	05:36:41
461	1507	Jeroen van Dongen	Berkel En Rodenrijs	M40	NED	00:39:14	546	01:11:39	01:38:29	02:50:08	476	03:37:17	518	00:34:54	00:37:13	00:41:40	01:53:46	440	05:36:57
462	1174	Remco van de Braak	Almere	M30	NED	00:36:28	357			02:51:08	507	03:34:58	469	00:35:33	00:38:20	00:43:42	01:57:34	534	05:37:00
463	1576	Herman Wauters	Melsele	M45	BEL	00:39:55	591	01:11:52	01:44:06	02:55:57	643	03:44:24	631	00:36:02	00:35:13	00:34:49	01:46:03	276	05:37:00
464	1663	Karst Neervoort	Kampen	M45	NED	00:36:57	415	01:10:21	01:36:02	02:46:23	362	03:28:49	332	00:40:43	00:40:42	00:42:17	02:03:41	677	05:37:07
465	1090	Maikel Breedveld	Almere	M25	NED	00:33:22	161	01:11:02	01:37:29	02:48:30	425	03:25:44	292	00:41:22	00:42:48	00:43:59	02:08:08	768	05:37:11
466	1769	Nick Wall	Stockbridge	M50	GBR	00:42:46	739	01:06:54	01:39:53	02:46:47	374	03:37:22	519	00:36:53	00:39:08	00:40:17	01:56:18	505	05:37:13
467	1213	Olav Smit	Almere	M30	NED	00:34:41	234			02:49:11	452	03:29:37	358	00:38:10	00:39:09	00:45:24	02:02:43	654	05:37:21
468	1916	Henrie de Bruin	Lisse	M55	NED	00:33:32	178	01:12:05	01:37:01	02:49:06	450	03:28:59	339	00:38:49	00:41:54	00:43:05	02:03:47	679	05:37:22
469	1711	Remco Kroonsberg	Nieuw - Venneep	M45	NED	00:43:47	713	01:07:28	01:33:21	02:40:48	244	03:31:39	400	00:37:31	00:37:40	00:45:41	02:00:51	618	05:37:34
470	1374	Mark Siekmans	Den Bosch	M35	NED	00:35:04	259	01:09:17	01:37:46	02:47:03	378	03:27:59	321	00:38:16	00:39:19	00:45:21	02:02:54	659	05:37:41
471	1745	Bart Willem Nagel	Lelystad	M45	NED	00:34:07	202			02:37:47	184	03:15:36	138	00:41:21	00:45:23	00:51:19	02:18:02	865	05:37:42
472	1741	Dean Kuiper	Hoofddorp	M45	NED	00:35:56	328	01:11:17	01:38:09	02:49:25	458	03:31:31	395	00:37:31	00:40:16	00:42:03	01:59:49	595	05:37:42
473	1299	Willem Krijgsman	Lexmond	M35	NED	00:49:12	933	01:11:18	01:37:58	02:49:16	453	03:44:53	646	00:32:25	00:36:16	00:39:51	01:48:31	324	05:37:50
474	1479	Mark van Reijn	Delft	M40	NED	00:45:24	864	01:08:08	01:36:04	02:44:11	315	03:36:59	510	00:35:18	00:38:33	00:41:45	01:55:34	481	05:37:58
475	1575	Dirk de Loecker	Lennik	M45	BEL	00:36:58	423	01:09:10	01:37:37	02:46:46	372	03:30:19	372	00:36:24	00:40:10	00:45:56	02:02:29	652	05:38:05
476	1545	Edgar de Ruiten	Almere	M40	NED	00:29:15	35	01:10											

490	1733	Marcel de Jong	Heerhugowaard	M45	NED	00:42:17	716	01:09:04	01:41:17	02:50:20	482	03:37:07	513	00:36:18	00:39:45	00:41:39	01:57:41	537	05:39:37
491	2067	Jennifer König	Tawern	W35	GER	00:36:40	378	01:12:43	01:40:16	02:52:58	555	03:36:17	496	00:36:33	00:39:38	00:43:37	01:59:48	594	05:39:41
492	1328	Bob Weppner	Zaandam	M35	NED	00:36:38	373	01:11:16	01:36:43	02:47:59	399	03:32:11	409	00:37:47	00:41:10	00:44:14	02:03:10	668	05:39:44
493	1019	Siebre van der Harst	Hoorn	MU24	NED	00:42:44	735	01:08:15	01:36:09	02:44:24	319	03:32:53	427	00:37:27	00:39:24	00:44:20	02:01:10	623	05:39:45
494	1453	Berry van Lammeren	Alphen Aan Den Rijn	M40	NED	00:43:18	756	01:21:39	01:37:03	02:58:42	690	03:50:11	717	00:31:54	00:34:43	00:37:03	01:43:39	230	05:39:46
495	1837	Marcel Kloesmeijer	Den Haag	M50	NED	00:35:39	305	01:10:26	01:37:39	02:48:04	405	03:29:06	344	00:39:10	00:41:44	00:44:04	02:04:57	708	05:39:55
496	1933	Henk Zantvoord	Alphen Aan Den Rijn	M60	NED	00:40:46	625	01:11:15	01:36:56	02:48:11	412	03:36:17	495	00:36:58	00:39:12	00:42:14	01:58:23	556	05:39:59
497	2028	Josephine Dow	London	W30	AUS	00:32:08	105	01:15:16	01:45:16	03:00:31	713	03:36:02	491	00:37:28	00:38:46	00:41:18	01:57:31	532	05:40:15
498	2084	Stephanie Fitts	Arnhem	W35	NZL	00:38:28	496	01:12:29	01:42:37	02:55:06	624	03:39:16	549	00:36:36	00:40:40	00:40:52	01:58:06	549	05:40:19
499	2098	Cordula Rooijendijk	Burgerveen	W40	NED	00:42:30	725	01:12:46	01:38:25	02:51:11	508	03:40:46	575	00:37:05	00:38:16	00:39:07	01:54:28	461	05:40:22
500	1698	Ryan Douglas	Rotterdam	M45	NED	00:44:42	842	01:10:45	01:40:44	02:51:28	515	03:44:53	645	00:36:12	00:36:32	00:37:25	01:50:08	360	05:40:33
501	1137	Sebastian Kruse	Köln	M30	GER	00:44:01	806	01:16:28	01:43:59	03:00:27	712	03:51:32	737	00:33:40	00:35:28	00:36:02	01:45:09	255	05:40:36
502	2091	Corinna Rottländer	Walddorfhlach	W40	GER	00:33:15	154	01:15:01	01:44:41	02:59:42	701	03:39:39	555	00:36:36	00:38:40	00:40:23	01:55:38	485	05:40:39
503	1023	Bryan Warrink	Hoorn	MU24	NED	00:37:20	438	01:13:18	01:43:28	02:56:46	658	03:39:09	546	00:36:56	00:37:50	00:41:48	01:56:33	509	05:40:44
504	1412	Petro Versieren	Lendeledede	M40	BEL	00:41:13	658	01:09:56	01:33:54	02:43:49	306	03:32:34	420	00:41:15	00:39:48	00:38:44	01:59:45	592	05:40:44
505	1751	Bart Stubenitsky	Amsterdam	M45	USA	00:38:11	482	01:11:49	01:38:53	02:50:42	491	03:35:22	484	00:37:16	00:39:11	00:43:40	02:00:07	598	05:40:48
506	2124	Sonja Erdmann	Köln	W45	GER	00:44:58	853	01:13:41	01:41:17	02:54:57	621	03:45:28	659	00:37:21	00:37:34	00:37:53	01:52:48	415	05:40:49
507	1461	Pablo Rens	Bergen Op Zoom	M40	NED	00:36:49	401	01:10:50	01:35:57	02:46:56	373	03:31:08	387	00:36:15	00:37:41	00:46:03	02:03:24	672	05:40:50
508	1292	Vincent van der Kort	Alphen Aan Den Rijn	M35	NED	00:40:37	619	01:15:46	01:40:12	02:55:57	642	03:43:57	619	00:34:32	00:36:20	00:38:47	01:49:38	352	05:40:52
509	1168	Tim Faase	Delft	M30	NED	00:39:00	538	01:14:00	01:43:24	02:57:24	672	03:44:47	643	00:34:12	00:36:19	00:39:39	01:50:08	361	05:40:55
510	1296	Hans Becker	Amsterdam	M35	NED	00:41:27	676	01:08:04	01:39:17	02:47:21	388	03:35:20	481	00:37:37	00:40:34	00:41:55	02:00:05	597	05:41:01
511	1435	Christian Rieth	Amsterdam	M40	GER	00:34:47	242	01:10:15	01:38:33	02:48:47	435	03:30:01	366	00:36:16	00:43:03	00:45:44	02:05:02	711	05:41:05
512	2011	Lisa Petermann	Harsewinkel	W25	GER	00:38:01	473	01:11:50	01:39:49	02:51:39	518	03:35:16	479	00:38:25	00:40:41	00:40:32	01:59:37	590	05:41:08
513	1146	Freek van Gijn	Amsterdam	M30	NED	00:46:00	877	01:10:56	01:37:57	02:48:52	440	03:41:32	584	00:34:38	00:38:18	00:41:19	01:54:14	454	05:41:10
514	1102	Kevin Heeren	Stembert	M30	BEL	00:37:46	466	01:13:30	01:40:30	02:53:59	589	03:39:08	544	00:40:34	00:37:23	00:37:20	01:55:16	478	05:41:18
515	1443	Evan Kettelarij	Lochem	M40	NED	00:37:00	426	01:07:49	01:37:20	02:45:09	336	03:30:48	380	00:37:04	00:40:52	00:43:36	02:01:31	630	05:41:29
516	1523	Bram van Duijvenbode	Lisse	M40	NED	00:41:36	689	01:09:18	01:34:34	02:43:52	310	03:32:33	418	00:37:33	00:42:15	00:44:58	02:04:45	703	05:41:36
517	1844	Tjeerd Roozendall	Amsterdam	M50	NED	00:38:53	532	01:12:03	01:43:23	02:55:25	631	03:44:05	623	00:34:22	00:36:34	00:39:08	01:50:04	359	05:41:40
518	1850	Frank Walta	Heemskerk	M50	NED	00:34:07	203	01:10:08	01:33:59	02:44:07	312	03:23:43	258	00:39:08	00:42:34	00:50:41	02:12:23	810	05:41:43
519	1799	Arno Engers	Diemen	M50	NED	00:43:16	755	01:13:25	01:43:35	02:56:59	665	03:46:04	667	00:34:41	00:36:57	00:40:17	01:51:54	399	05:41:43
520	1798	Hugo Goossen	Amsterdam	M50	NED	00:29:38	43	01:13:59	01:39:41	02:53:39	572	03:29:46	361	00:40:48	00:42:14	00:43:00	02:06:01	733	05:41:44
521	1595	Stefan Pax	Euskirchen	M45	GER	00:43:22	762	01:11:00	01:37:48	02:48:48	436	03:40:10	562	00:35:38	00:38:01	00:41:24	01:55:02	476	05:41:45
522	2082	Ingrid Ernst	Lelystad	W35	NED	00:35:21	278	01:13:31	01:35:47	02:49:17	454	03:27:39	318	00:39:43	00:42:59	00:48:19	02:11:00	803	05:41:46
523	1154	Hein ter Braak	Amsterdam	M30	NED	00:36:57	419	01:10:39	01:41:05	02:51:43	521	03:35:04	472	00:39:21	00:40:51	00:42:07	02:02:19	647	05:41:48
524	1617	Andrea Clarkson	Quartu Sant'elena	M45	ITA	00:41:50	692	01:12:43	01:40:04	02:52:47	550	03:42:35	599	00:36:02	00:37:27	00:39:28	01:52:56	418	05:41:49
525	1451	Ferry de Valk	Heerjansdam	M40	NED	00:50:52	959	01:11:19	01:39:29	02:50:48	494	03:49:17	704	00:33:31	00:36:02	00:39:44	01:49:16	343	05:41:51
526	1364	Robert Sterk	Weesp	M35	NED	00:40:13	612	01:10:13	01:36:03	02:46:16	357	03:31:13	390	00:38:30	00:42:31	00:45:37	02:06:37	742	05:41:51
527	1489	Esquar Zuidema	Hardenberg	M40	NED	00:39:57	596	01:14:19	01:39:56	02:54:14	593	03:42:39	601	00:36:44	00:37:09	00:38:48	01:52:41	413	05:42:04
528	1876	Ivo Willems	Brasschaat	M55	BEL	00:38:49	524	01:10:37	01:38:01	02:48:38	429	03:34:44	465	00:38:11	00:40:53	00:42:44	02:01:47	640	05:42:13
529	1251	Demian Piva	Sao Paulo	M35	BRA	00:44:11	819	01:14:34	01:40:32	02:55:05	623	03:44:32	632	00:39:07	00:36:43	00:37:15	01:53:04	422	05:42:15
530	1730	Roel Sentjens	Bussum	M45	NED	00:36:47	393	01:12:05	01:38:23	02:50:27	486	03:34:05	456	00:39:51	00:40:40	00:42:31	02:03:01	661	05:42:20
531	2150	Brenda Splinter	Almere	W45	NED	00:41:29	678	01:11:03	01:39:20	02:50:22	483	03:39:26	552	00:36:39	00:38:46	00:40:56	01:56:21	506	05:42:24
532	1510	Mark van Gool	Oud-beijerland	M40	NED	00:37:25	445	01:09:56	01:37:15	02:47:11	384	03:30:29	376	00:41:06	00:42:26	00:43:29	02:07:00	751	05:42:27
533	1840	Jelmer de Jong	Zeewolde	M50	NED	00:38:49	525	01:10:28	01:38:15	02:48:43	432	03:33:39	446	00:37:10	00:42:05	00:43:35	02:02:49	657	05:42:31
534	2164	Anette Gersbeck	Berlin	W50	GER	00:34:20	215	01:16:00	01:47:49	03:03:49	759	03:43:36	615	00:37:05	00:37:53	00:39:13	01:54:10	451	05:42:35
535	1474	Nikolai Pronk	Bilthoven	M40	NED	00:42:42	733	01:14:45	01:37:23	02:52:08	534	03:41:31	583	00:35:57	00:38:29	00:41:35	01:56:01	498	05:42:42
536	1836	Addy van Gils	Zoetermeer	M50	NED	00:43:10	750	01:05:31	01:33:29	02:39:00	203	03:27:26	314	00:39:55	00:41:56	00:44:56	02:06:46	745	05:42:50
537	1934	René Middelveld	Bemmel	M60	NED	00:35:59	329	01:11:25	01:36:32	02:47:56	397	03:29:45	360	00:38:08	00:42:22	00:46:43	02:07:11	754	05:43:00
538	1294	Arnold Hamerslag	Spijkenisse	M35	NED	00:38:33	500	01:05:17	01:32:24	02:37:41	182	03:21:34	223	00:43:34	00:45:10	00:48:33	02:17:17	860	05:43:01
539	1230	Mathieu Wohlhuter	Paris	M30	FRA	00:47:12	894	01:15:34	01:41:45	02:57:19	669	03:50:51	728	00:34:48	00:36:13	00:36:34	01:47:34	309	05:43:17
540	1737	Robert van Steekelenburg	Honselersdijk	M45	NED	00:36:56	414	01:13:13	01:38:33	02:51:46	523	03:34:48	467	00:35:39	00:38:18	00:45:40	01:59:37	591	05:43:29
541	1678	Marc Zijlstra	Almere	M45	NED	00:44:10	817	01:13:48	01:38:59	02:52:47	549	03:44:00	621	00:36:33	00:37:33	00:39:41	01:53:47	441	05:43:33
542	1754	Wim Roosendaal	Didam	M45	NED	00:40:42	621	01:12:39	01:38:25	02:51:04	503	03:38:21	534	00:35:16	00:39:42	00:44:16	01:59:12	578	05:43:37
543	1800	Eric Vis	Amersfoort	M50	NED	00:39:29	561	01:14:38	01:42:00	02:56:38	654	03:43:43	617	00:35:59	00:38:07	00:39:52	01:53:57	447	05:43:37
544	1477	Bram van de Langenberg	Maastricht	M40	NED	00:41:11	656	01:19:07	01:43:39	03:02:45	742	03:50:58	731	00:33:56	00:35:36	00:36:12	01:45:43	268	05:43:50
545	1048	Thijs van Nierop	Amsterdam	M25	NED	00:35:51	317			03:02:16	732	03:44:13	626	00:36:00	00:37:37	00:42:14	01:55:50	492	05:43:52
546	1535	Matthijs Pouwels	Ijsselstein	M40	NED	00:37:32	452	01:12:38	01:40:16	02:52:54	553	03:40:48	576	00:36:16	00:38:39	00:41:50	01:56:44	513	05:43:53
547	1505	Egbert Boxma	Sint Pancras																

560	1314	Marcel Krikke	Barneveld	M35	NED	00:40:15	613	01:13:50	01:41:01	02:54:51	612	03:40:42	572	00:35:41	00:40:15	00:44:44	02:00:38	614	05:45:34
561	1556	Ali Poiat	Utrecht	M40	TUR	00:43:27	765	01:12:05	01:40:09	02:52:13	536	03:45:40	663	00:35:03	00:37:51	00:40:18	01:53:12	425	05:45:40
562	1159	Roderick Brouwer	Rosmalen	M30	NED	00:38:58	537	01:10:42	01:41:28	02:52:09	535	03:38:37	537	00:36:11	00:40:11	00:44:10	02:00:31	608	05:45:48
563	2073	Kim van Breda	Almere	W35	NED	00:36:47	394	01:14:28	01:39:47	02:54:14	592	03:35:03	471	00:39:17	00:42:28	00:44:58	02:06:42	744	05:45:49
564	1300	Bob Rietveld	Amsterdam	M35	NED	00:41:19	664	01:10:35	01:35:08	02:45:42	346	03:33:24	441	00:37:36	00:41:08	00:43:45	02:02:29	651	05:45:53
565	1193	Mark van Gelder	Spijkernisse	M30	NED	00:38:44	516	01:15:50	01:42:59	02:58:49	693	03:44:08	624	00:34:26	00:37:16	00:44:04	01:55:45	489	05:45:54
566	1316	Eddy van Tulden	Someren	M35	NED	00:40:57	639	01:12:19	01:50:05	03:02:24	736	03:51:24	735	00:34:17	00:35:54	00:37:12	01:47:22	303	05:45:58
567	2109	Lindsey van Uden	Waalwijk	W40	NED	00:37:00	425	01:13:13	01:41:42	02:54:54	617	03:38:49	541	00:37:41	00:39:54	00:41:50	01:59:24	583	05:45:59
568	2154	Indra Bimmel	Berg En Dal	W45	NED	00:35:26	283	01:18:03	01:43:48	03:01:51	729	03:44:15	628	00:37:59	00:37:43	00:41:45	01:57:25	528	05:46:13
569	1534	Jaco van Veldhuizen	Veenendaal	M40	NED	00:36:48	398	01:13:08	01:41:58	02:55:06	625	03:42:26	597	00:35:44	00:38:14	00:44:19	01:58:16	553	05:46:17
570	1787	Gijsbert van der Kooij	Oud-beijerland	M50	NED	00:50:31	952	01:12:45	01:46:36	02:59:21	696	03:55:58	781	00:34:41	00:35:11	00:35:54	01:45:45	269	05:46:18
571	2079	Trees van Breda	Eelderwolde	W35	NED	00:40:45	624	01:17:56	01:48:52	03:06:47	791	03:52:05	742	00:36:34	00:37:00	00:38:38	01:52:10	402	05:46:20
572	1487	Martin Verkleij	Rotterdam	M40	NED	00:36:04	334	01:14:34	01:44:52	02:59:25	698	03:41:07	577	00:37:11	00:39:15	00:42:28	01:58:53	568	05:46:23
573	1653	Luigi Tricoli	Alphen Aan Den Rijn	M45	NED	00:43:38	783	01:13:56	01:37:30	02:51:26	512	03:41:58	587	00:38:50	00:38:41	00:41:00	01:58:29	559	05:46:27
574	1469	Alexander Rijdsdijk	Dordrecht	M40	NED	00:52:36	982	01:07:44	01:33:56	02:41:40	265	03:40:33	567	00:38:48	00:39:42	00:40:32	01:59:01	572	05:46:37
575	1501	Ronald-Jan	Vijlen	M40	NED	00:44:44	847	01:13:15	01:44:58	02:58:12	681	03:52:15	743	00:33:16	00:35:53	00:39:16	01:48:24	322	05:46:37
576	1705	Geert-pieter Kruijff	Blieskastel	M45	NED	00:42:32	726	01:16:32	01:43:26	02:59:58	705	03:49:11	701	00:33:40	00:36:17	00:39:54	01:49:50	356	05:46:40
577	2116	Katja Bielecke	Frankfurt Am Main	W40	GER	00:31:40	83	01:12:50	01:40:02	02:52:51	552	03:30:49	381	00:41:09	00:43:35	00:46:02	02:10:46	798	05:46:43
578	2168	Mirjam Leussink	Enschede	W50	NED	00:35:02	256	01:10:46	01:36:19	02:47:04	380	03:27:35	315	00:43:33	00:41:22	00:49:58	02:14:52	842	05:46:52
579	1070	Melvin Krook	Amsterdam	M25	NED	00:48:28	924	01:19:05	01:44:30	03:03:35	753	03:56:49	787	00:35:21	00:36:17	00:34:40	01:46:18	281	05:46:54
580	1346	Wilrik Pleune	Utrecht	M35	NED	00:45:39	868	01:15:15	01:39:39	02:54:54	616	03:47:43	683	00:36:57	00:38:13	00:39:20	01:54:30	463	05:47:00
581	1703	Erik Boender	Nieuwerkerk Aan Den IJssel	M45	NED	00:40:02	599	01:11:34	01:35:25	02:46:59	376	03:33:12	439	00:39:22	00:43:11	00:46:24	02:08:56	777	05:47:07
582	1073	Robin Simonis	Geldrop	M25	NED	00:31:32	79	01:21:55	01:48:50	03:10:44	831	03:50:07	716	00:34:42	00:36:24	00:39:43	01:50:48	375	05:47:07
583	1269	Manuel Theel	Regensburg	M35	GER	00:44:07	812	01:09:36	01:34:59	02:44:35	322	03:36:07	493	00:39:32	00:41:42	00:44:13	02:05:25	722	05:47:10
584	1846	Albert Callenbach	Almere	M50	NED	00:41:35	688	01:13:45	01:38:37	02:52:22	540	03:41:30	580	00:37:40	00:40:24	00:42:18	02:00:21	602	05:47:12
585	1437	Stefan Gawlick	Bochum	M40	GER	00:43:33	775	01:10:27	01:38:31	02:48:58	445	03:39:11	547	00:37:49	00:40:50	00:44:23	02:03:02	662	05:47:19
586	1902	Roy Blom	Luxemburg	M55	NED	00:32:17	110	01:06:39	01:36:11	02:42:50	289	03:22:03	231	00:40:00	00:47:51	00:50:52	02:18:42	872	05:47:19
587	1396	Gautier Beaujean	Namur	M35	BEL	00:36:44	387	01:18:51	01:51:27	03:10:18	825	03:58:01	794	00:33:34	00:33:08	00:35:43	01:42:24	208	05:47:20
588	2191	Ward D'hulster	Nieuwpoort	PARA	BEL	00:58:48	998	01:18:17	01:55:17	03:13:34	854	04:21:08	944	00:26:18	00:26:09	00:29:54	01:22:19	5	05:47:27
589	1689	Guido Dubbeld	Rotterdam	M45	NED	00:42:54	745	01:16:52	01:46:40	03:03:31	752	03:54:38	772	00:34:50	00:35:04	00:37:34	01:47:27	304	05:47:31
590	1806	Frank Plaggenborg	Nieuwegein	M50	NED	00:36:57	416	01:13:14	01:39:35	02:52:48	551	03:36:37	502	00:39:47	00:42:07	00:43:55	02:05:48	728	05:47:37
591	2039	Tessa Könemann	Leiden	W30	NED	00:40:08	606	01:11:43	01:42:14	02:53:56	587	03:39:25	551	00:39:18	00:40:48	00:43:59	02:04:04	685	05:47:49
592	1306	Leonard Noordhof	Groningen	M35	NED	00:44:02	807	01:12:55	01:41:01	02:53:56	586	03:44:36	635	00:36:14	00:38:41	00:42:34	01:57:29	531	05:48:06
593	1552	Marcin Kowalski	Niuew-vennep	M40	POL	00:37:49	470	01:09:12	01:37:23	02:46:35	369	03:29:11	347	00:43:33	00:44:13	00:46:21	02:14:06	835	05:48:12
594	2062	Kelly Kuyken	Leopoldsborg	W35	BEL	00:37:40	461	01:15:14	01:42:28	02:57:41	673	03:41:47	586	00:39:22	00:40:57	00:42:42	02:03:00	660	05:48:24
595	1270	Adryan Villalobos	Mettmann	M35	GER	00:42:34	728	01:11:12	01:39:01	02:50:12	478	03:37:40	522	00:41:22	00:41:34	00:41:33	02:04:27	695	05:48:33
596	1657	Harm Brouwer	Almere	M45	NED	00:43:34	777	01:15:44	01:42:18	02:58:01	679	03:50:03	714	00:35:28	00:37:46	00:39:43	01:52:56	419	05:48:39
597	1384	Manuel Inigo Dm Laig	Doha	M35	PHI	00:41:21	667	01:13:41	01:43:28	02:57:09	667	03:44:17	630	00:38:33	00:40:37	00:40:04	01:59:13	579	05:48:43
598	1476	Joris van Brakel	Almere	M40	NED	00:38:47	521	01:13:23	01:42:11	02:55:34	635	03:40:35	568	00:37:43	00:41:47	00:42:14	02:01:43	639	05:48:45
599	1744	Dennis Voogt	Den Haag	M45	NED	00:39:55	592	01:12:24	01:42:01	02:54:25	599	03:41:35	585	00:36:15	00:40:25	00:44:59	02:01:38	637	05:48:48
600	1423	Guillaume Auber	Eslettes	M40	FRA	00:39:26	558	01:13:01	01:43:56	02:56:57	663	03:42:50	602	00:36:00	00:38:45	00:46:07	02:00:51	617	05:48:50
601	1636	Martin Hooijer	Almere	M45	NED	00:41:10	653	01:10:53	01:39:51	02:50:44	493	03:37:57	529	00:39:29	00:41:24	00:44:39	02:05:30	724	05:48:51
602	1897	Martin Lieberom	Almere	M55	NED	00:38:50	526	01:12:55	01:41:33	02:54:27	602	03:40:25	565	00:38:23	00:41:04	00:44:01	02:03:27	673	05:48:51
603	1929	Stephan Petrasch	Schermbeck	M60	GER	00:38:13	484	01:16:45	01:45:38	03:02:22	735	03:49:14	702	00:36:41	00:37:33	00:38:09	01:52:21	409	05:49:03
604	2024	Yvette Kars	Almere	W25	NED	00:32:23	115	01:17:52	01:51:04	03:08:56	812	03:46:14	668	00:35:58	00:38:54	00:42:13	01:57:04	521	05:49:07
605	1557	James Faust	Woluwe Saint Lambert	M40	USA	00:49:03	929	01:10:45	01:40:51	02:51:35	517	03:48:47	693	00:38:43	00:37:25	00:38:38	01:54:45	469	05:49:09
606	1746	Axel van Sleeuwen	Oploo	M45	NED	00:37:32	453	01:12:01	01:41:08	02:53:08	560	03:36:50	507	00:38:47	00:42:34	00:45:53	02:07:13	756	05:49:15
607	1923	Rijjan Bos	Gorsssel	M55	NEP	00:40:55	635	01:20:45	01:42:52	03:03:37	754	03:50:23	720	00:37:28	00:38:27	00:38:58	01:54:53	471	05:49:20
608	1759	Geoffroy de Wasseige	Marilles	M50	BEL	00:40:52	632	01:16:52	01:45:21	03:02:12	731	03:50:47	725	00:36:00	00:37:25	00:38:47	01:52:11	403	05:49:30
609	1478	Lonne Rooseboom	Bussum	M40	NED	00:38:57	536	01:14:28	01:41:41	02:56:08	649	03:43:01	609	00:38:24	00:40:19	00:40:50	01:59:32	589	05:49:30
610	1367	Maarten Kuitert	Almere	M35	NED	00:33:09	152	01:16:16	01:42:11	02:58:27	685	03:37:33	521	00:37:10	00:40:48	00:48:51	02:06:48	747	05:49:50
611	1687	Ian Wachters	Den Haag	M45	NED	00:38:29	497	01:14:02	01:43:20	02:57:22	671	03:44:11	625	00:38:10	00:40:06	00:39:53	01:58:07	550	05:50:00
612	1736	Ralph Dullens	Amsterdam	M45	NED	00:36:43	384	01:13:56	01:39:52	02:53:47	577	03:36:25	499	00:37:24	00:43:03	00:46:46	02:07:12	755	05:50:07
613	1063	Marco Vleugel	Almere	M25	NED	00:32:06	101	01:18:35	01:47:45	03:06:20	785	03:45:42	665	00:38:18	00:40:00	00:40:27	01:58:44	565	05:50:13
614	2075	Ytsje Talsma-Kingma	Hillaard	W35	NED	00:50:44	957	01:14:06	01:42:13	02:56:19	650	03:54:00	762	00:35:17	00:36:27	00:38:45	01:50:28	368	05:50:22
615	2070	Jikke Balkema	Utrecht	W35	NED	00:39:41	579	01:20:08	01:47:57	03:08:04	803	03:52:57	750	00:36:43	00:37:57	00:39:15	01:53:54	445	05:50:29
616	1539	Ronald Franken	Almere	M40	NED	00:48:38	926	01:15:30	01:44:17	02:59:47	703	03:55:04	774	00:35:01	00:35:00	00:36:22	01:46:22	283	05:50:30

630	2038	Claudia Ossendorf	Köln	W30	GER	00:38:45	519	01:17:42	01:51:30	03:09:12	814	03:54:31	771	00:35:39	00:36:43	00:38:55	01:51:16	386	05:51:30
631	1058	Noury de Boer	Zaandam	M25	NED	00:44:32	839	01:10:52	01:41:53	02:52:45	548	03:46:17	669	00:35:28	00:38:55	00:42:25	01:56:47	514	05:51:46
632	1307	Bart van Helvoort	's-hertogenbosch	M35	NED	00:45:08	861	01:14:00	01:46:41	03:00:41	717	03:52:34	746	00:35:34	00:36:44	00:41:52	01:54:09	450	05:51:54
633	1739	Manuel Dekker	Noordwijk	M45	NED	00:42:21	721	01:12:11	01:39:42	02:51:52	528	03:42:56	606	00:40:08	00:40:24	00:41:49	02:02:20	648	05:51:55
634	1615	Roy Vansteenkiste	Sint Eloois Winkel	M45	BEL	00:37:51	472	01:11:58	01:39:53	02:51:51	527	03:34:48	468	00:38:36	00:43:24	00:49:45	02:11:45	806	05:51:58
635	1922	Arno van der Loop	's-hertogenbosch	M55	NED	00:45:13	862	01:11:12	01:39:30	02:50:42	492	03:44:38	637	00:37:55	00:39:59	00:41:33	01:59:25	584	05:52:03
636	1394	Darwin Bonagua	Doha	M35	PHI	00:42:09	707	01:16:13	01:47:43	03:03:56	761	03:51:54	738	00:36:10	00:38:10	00:40:37	01:54:57	473	05:52:10
637	1434	Dirk Kunze	Dueren	M40	GER	00:43:13	752	01:11:57	01:38:54	02:50:50	496	03:43:29	613	00:39:18	00:40:24	00:44:09	02:03:50	680	05:52:11
638	2031	Ellen Schepers	Lommel	W30	BEL	00:38:23	489	01:17:28	01:45:16	03:02:44	741	03:45:11	653	00:41:21	00:40:36	00:42:00	02:03:56	682	05:52:17
639	1318	Dennis Stoppelenburg	Rotterdam	M35	NED	00:43:51	799	01:13:01	01:41:25	02:54:25	600	03:45:08	649	00:37:09	00:39:30	00:45:46	02:02:24	650	05:52:17
640	1903	John van der Wielen	Zelhem	M55	NED	00:38:42	512	01:17:02	01:47:15	03:04:16	763	03:48:51	696	00:36:42	00:38:11	00:42:39	01:57:31	533	05:52:20
641	1279	Anastasios Vythoulkas	Westoverledingen	M35	GRE	00:42:45	737	01:13:56	01:39:23	02:53:19	563	03:45:47	666	00:38:18	00:40:51	00:39:42	01:58:50	566	05:52:41
642	2058	Silvia Grömer	Stadt Haag	W35	AUT	00:38:26	492	01:19:01	01:49:43	03:08:43	811	03:50:47	724	00:38:06	00:40:02	00:41:02	01:59:10	577	05:53:00
643	1634	Gilbert van Ooijen	Apeldoorn	M45	NED	00:39:28	560	01:11:58	01:40:02	02:52:00	532	03:37:41	523	00:39:23	00:44:00	00:46:51	02:10:13	792	05:53:16
644	1204	Coen Dijkman	Abcoude	M30	NED	00:35:16	270	01:10:52	01:52:26	03:03:17	748	03:44:41	641	00:36:30	00:41:21	00:46:08	02:03:59	683	05:53:23
645	2151	Ceciel Pas	Rosmalen	W45	NED	00:43:02	747	01:18:01	01:46:41	03:04:41	770	03:54:13	769	00:36:19	00:38:04	00:39:17	01:53:39	438	05:53:24
646	1376	Stephen den Heijer	Hoofddorp	M35	NED	00:44:30	838	01:15:04	01:43:23	02:58:26	684	03:49:01	698	00:37:06	00:39:57	00:43:24	02:00:27	605	05:53:26
647	1103	Joris Moulin	Amsterdam	M30	BEL	00:38:39	508	01:13:48	01:48:29	03:02:17	733	03:49:11	700	00:36:25	00:38:55	00:41:15	01:56:34	510	05:53:34
648	1325	Roy Nicolaas Ponder	Almere	M35	NED	00:35:45	311			03:04:47	771	03:47:32	681	00:37:50	00:40:20	00:42:45	02:00:55	620	05:53:35
649	1481	Robert Van Dal	Amsterdam	M40	NED	00:42:41	732	01:12:43	01:41:26	02:54:08	590	03:45:22	657	00:35:56	00:39:52	00:45:37	02:01:24	629	05:53:44
650	2080	Annemieke Koekebakker	Almere	W35	NED	00:44:14	824	01:14:08	01:41:45	02:55:52	641	03:46:40	675	00:40:00	00:41:04	00:42:10	02:03:13	670	05:53:47
651	1200	Jim Simons	Houten	M30	NED	00:40:48	626	01:09:12	01:40:54	02:50:05	475	03:38:38	538	00:38:53	00:43:50	00:46:24	02:09:06	778	05:53:53
652	1830	Patrick Houtkamp	Amstelveen	M50	NED	00:38:35	503	01:13:59	01:41:17	02:55:15	628	03:45:17	655	00:37:49	00:39:59	00:42:39	02:00:27	604	05:54:05
653	1665	Jaap van Dieren	Kampen	M45	NED	00:41:06	650	01:12:25	01:42:50	02:55:15	626	03:47:34	682	00:36:15	00:39:38	00:44:07	01:59:59	596	05:54:08
654	1666	Ferdinand Hogenes	Amsterdam	M45	NED	00:44:43	845	01:12:15	01:43:11	02:55:26	632	03:48:49	694	00:37:37	00:40:19	00:41:51	01:59:46	593	05:54:09
655	2016	Joyce Mulder	Utrecht	W25	NED	00:31:49	92	01:13:46	01:44:50	02:58:36	687	03:36:39	503	00:41:02	00:44:53	00:47:22	02:13:17	822	05:54:11
656	1108	Jan Vereyken	Lommel	M30	BEL	00:40:05	602	01:14:54	01:41:11	02:56:05	646	03:46:45	676	00:39:27	00:40:02	00:39:07	01:58:34	562	05:54:16
657	1433	Ingo Oldenettel	Ihlow	M40	GER	00:39:48	586	01:09:10	01:39:49	02:48:59	446	03:36:56	509	00:39:58	00:43:49	00:46:30	02:10:16	794	05:54:25
658	1644	Rene Theelen	Best	M45	NED	00:44:42	844	01:14:06	01:39:01	02:53:07	558	03:48:55	697	00:36:53	00:39:07	00:43:07	01:59:05	573	05:54:36
659	1889	Costas Haramis	Voula	M55	GRE	00:37:13	432	01:14:27	01:42:10	02:56:36	653	03:42:12	589	00:39:54	00:40:56	00:44:02	02:04:51	705	05:54:41
660	1207	Thijs de Roo	Zwolle	M30	NED	00:37:25	444	01:16:11	01:45:07	03:01:18	720	03:45:11	652	00:40:13	00:41:31	00:42:48	02:04:30	696	05:54:43
661	1643	Mark Stadhouders	Den Haag	M45	NED	00:42:45	736	01:12:57	01:44:26	02:57:22	670	03:49:26	705	00:37:09	00:38:01	00:42:29	01:57:38	536	05:54:46
662	1882	Juergen Barthel	Hannover	M55	GER	00:43:30	770	01:10:58	01:37:56	02:48:54	441	03:40:20	564	00:41:03	00:41:52	00:41:18	02:04:12	686	05:54:47
663	2148	Ellen Zaal	Dordrecht	W45	NED	00:44:12	821	01:18:53	01:49:27	03:08:19	806	04:01:02	823	00:35:35	00:35:57	00:37:41	01:49:12	341	05:54:54
664	2123	Louise Wilcocks	Amsterdam	W45	GBR	00:42:04	703	01:13:14	01:46:10	02:59:23	697	03:48:06	687	00:39:41	00:42:28	00:41:13	02:03:21	671	05:55:17
665	1241	Vincent Calderara	Overijse	M35	BEL	00:43:33	776	01:15:51	01:43:51	02:59:41	700	03:50:00	711	00:37:53	00:40:02	00:43:45	02:01:40	638	05:55:24
666	1835	Henk Meijers	Sneek	M50	NED	00:37:12	431	01:14:51	01:45:15	03:00:05	707	03:44:43	642	00:40:32	00:42:29	00:42:22	02:05:22	720	05:55:28
667	1633	Martijn van Koten	Dordrecht	M45	NED	00:41:59	699	01:09:13	01:41:29	02:50:41	490	03:39:11	548	00:40:27	00:44:05	00:46:09	02:10:40	797	05:55:28
668	1591	Wolfram Breithaupt	Frankfurt Am Main	M45	GER	00:45:55	875	01:15:57	01:41:05	02:57:01	666	03:51:25	736	00:35:53	00:41:25	00:41:05	01:58:22	555	05:55:31
669	1728	Oscar Schouten	Dorst	M45	NED	00:41:18	663	01:17:25	01:45:22	03:02:46	743	03:50:18	718	00:37:36	00:39:53	00:41:46	01:59:14	580	05:55:34
670	1484	Goziem Frijmersum	Amsterdam	M40	NED	00:31:00	61	01:19:12	01:44:31	03:03:42	756	03:42:55	605	00:41:28	00:41:53	00:41:40	02:05:00	710	05:55:47
671	1531	Michiel de Graaf	Almere	M40	NED	00:50:59	961	01:05:43	01:29:39	02:35:21	141	03:34:27	462	00:38:45	00:45:11	00:50:10	02:14:06	834	05:55:55
672	2053	Maryvonne van den Berg	Almere	W30	NED	00:31:23	72	01:17:30	01:44:03	03:01:33	725	03:37:10	515	00:41:46	00:44:11	00:46:44	02:12:41	814	05:55:56
673	1623	Edwin van de Geijn	Oud-beijerland	M45	NED	00:44:57	852	01:14:15	01:37:41	02:51:56	531	03:43:00	608	00:41:49	00:42:26	00:44:39	02:08:53	776	05:56:01
674	1771	Grant Philbrick	Isle Of Wight	M50	GBR	00:44:22	833	01:12:52	01:48:51	03:01:42	728	03:53:03	751	00:37:02	00:39:31	00:41:27	01:58:00	543	05:56:03
675	1750	Mikael Andersson	Lundsbrunn	M45	SWE	00:42:34	729	01:12:22	01:38:10	02:50:31	488	03:41:31	582	00:36:32	00:40:27	00:49:24	02:06:22	736	05:56:12
676	1679	Sven den Brave	Almere	M45	NED	00:40:06	605	01:18:55	01:44:19	03:03:13	746	03:50:27	722	00:36:31	00:41:25	00:42:26	02:00:20	601	05:56:20
677	1726	Andre Strobbe	Almere	M45	NED	00:42:47	740	01:11:07	01:39:49	02:50:55	499	03:40:41	571	00:38:28	00:43:05	00:46:21	02:07:52	763	05:56:21
678	1466	Jogchem Oord	Enter	M40	NED	00:42:13	711	01:15:00	01:46:24	03:01:24	722	03:54:09	765	00:36:23	00:38:49	00:41:28	01:56:39	511	05:56:30
679	2105	Theresia Offringa	Nijland	W40	NED	00:41:22	669	01:12:48	01:43:45	02:56:32	651	03:45:34	661	00:40:41	00:41:44	00:42:22	02:04:46	704	05:56:46
680	1049	Roel Jacobs	Nieuw-vennep	M25	NED	00:35:01	254			02:47:12	385	03:30:20	374	00:43:52	00:44:57	00:49:29	02:18:16	868	05:56:50
681	1308	Maarten Voogd	Amsterdam	M35	NED	00:38:54	533	01:14:27	01:44:22	02:58:48	692	03:46:31	672	00:38:36	00:42:27	00:45:22	02:06:23	737	

695	1180	Tim Zittersteijn	Almere	M30	NED	00:41:26	674	01:14:33	01:43:23	02:57:55	676	03:50:49	727	00:34:39	00:37:48	00:44:54	01:57:20	524	05:58:30
696	1183	Robin Daamen	Barneveld	M30	NED	00:47:54	910	01:13:36	01:42:29	02:56:04	645	03:52:57	749	00:39:16	00:40:28	00:40:52	02:00:34	612	05:58:50
697	2158	Yvonne Zon-Tiggerdine	Almere	W50	GBR	00:44:00	804	01:17:31	01:48:32	03:06:02	784	03:57:58	793	00:36:27	00:38:24	00:40:41	01:55:31	480	05:59:10
698	1625	Hans Akershoek	Spijkensisse	M45	NED	00:42:40	730	01:14:41	01:41:07	02:55:48	637	03:45:41	664	00:39:15	00:41:03	00:43:55	02:04:12	687	05:59:32
699	2099	Lindsay Grijpink-Ongering	Naarden	W40	NED	00:32:07	103	01:14:39	01:42:17	02:56:55	661	03:35:06	474	00:43:15	00:47:28	00:48:49	02:19:31	881	05:59:37
700	1324	Maurits Peeters	Woerden	M35	NED	00:33:49	188	01:16:26	01:45:15	03:01:41	726	03:42:24	595	00:41:16	00:43:46	00:48:59	02:14:00	831	05:59:47
701	1460	Richard van der Meijden	Veenendaal	M40	NED	00:39:39	575	01:14:32	01:44:07	02:58:38	688	03:42:13	590	00:41:19	00:44:15	00:47:46	02:13:19	823	05:59:49
702	1343	Guido Rietveld	Hoorn	M35	NED	00:39:31	564	01:10:28	01:35:52	02:46:19	358	03:32:56	428	00:42:39	00:48:24	00:49:56	02:20:58	889	06:00:14
703	1572	Bart Mertens	Nedenes	M45	BEL	00:34:41	233	01:07:14	02:26:57	03:34:10	971	04:14:12	914	00:32:00	00:33:49	00:34:55	01:40:43	186	06:00:28
704	1656	Markus Thissen	Bedburg	M45	NED	00:42:16	713	01:14:01	01:41:24	02:55:24	630	03:45:08	650	00:40:09	00:42:50	00:46:05	02:09:07	779	06:00:32
705	1605	Dominik Küster	40764	M45	GER	00:43:41	787	01:16:22	01:38:12	02:54:34	606	03:46:31	673	00:39:54	00:42:02	00:45:09	02:07:05	752	06:00:45
706	1540	Kristiaan Kremer	Mook	M40	NED	00:42:14	714	01:12:08	01:37:00	02:49:07	451	03:39:47	557	00:39:30	00:41:42	00:55:23	02:16:33	856	06:00:48
707	1372	Rinke Nijland	Ijsselstein (ut)	M35	NED	00:38:37	505			02:48:22	418	03:35:07	475	00:44:24	00:43:41	00:49:47	02:17:52	863	06:00:49
708	1838	Jan van Nieuwamerongen	Ommeren	M50	NED	00:37:21	439	01:16:17	01:47:15	03:03:31	751	03:48:37	690	00:41:10	00:43:19	00:42:10	02:06:39	743	06:00:59
709	1619	Roberto Arauz	Amstelveen	M45	MEX	00:42:51	743	01:14:06	01:47:23	03:01:29	724	03:53:15	752	00:37:51	00:40:03	00:42:38	02:00:31	609	06:01:19
710	1849	Joop Oskam	Spijkensisse	M50	NED	00:47:31	904	01:17:21	01:47:04	03:04:25	766	03:59:17	808	00:37:04	00:37:35	00:41:35	01:56:13	500	06:01:24
711	1583	David Mccarry	Abberden	M45	GBR	00:33:50	190	01:20:39	01:53:10	03:13:49	858	03:55:46	779	00:38:20	00:39:03	00:40:36	01:57:58	540	06:01:26
712	1565	Eric Lemmens	Hoboken	M45	BEL	00:44:06	809	01:17:35	01:46:50	03:04:25	767	03:58:06	795	00:37:14	00:38:31	00:39:53	01:55:37	484	06:01:34
713	1691	Bart Ijntema	Sneek	M45	NED	00:43:50	798	01:13:08	01:39:27	02:52:35	543	03:44:33	633	00:39:34	00:44:05	00:46:20	02:09:58	788	06:01:48
714	1862	Michiel Heslinga	Almere	M50	NED	00:49:58	947	01:13:13	01:43:33	02:56:46	657	03:53:36	757	00:39:08	00:41:26	00:42:32	02:03:05	664	06:01:54
715	1546	Thomas Kijftenbelt	Nürnberg	M40	NED	00:39:21	554	01:19:06	01:49:05	03:08:10	804	03:54:24	770	00:36:34	00:40:11	00:47:02	02:03:46	678	06:01:59
716	1785	Jan Jaap van Deventer	Vogelenzang	M50	NED	00:38:40	509	01:13:09	01:38:41	02:51:49	525	03:38:07	532	00:42:53	00:46:04	00:49:20	02:18:16	867	06:02:15
717	1731	Sander Kerkhof	Kortenhoef	M45	NED	00:42:18	718	01:15:21	01:40:08	02:55:28	633	03:42:58	607	00:38:04	00:45:35	00:49:38	02:13:16	821	06:02:18
718	1931	Maarten Kamermans	Almere	M60	NED	00:42:41	731	01:11:59	01:41:48	02:53:47	576	03:44:35	634	00:40:47	00:45:45	00:45:34	02:12:04	808	06:02:19
719	1355	Wilco de Ruiters	Hilversum	M35	NED	00:37:01	427	01:16:06	01:48:14	03:04:20	764	03:49:15	703	00:39:16	00:43:16	00:46:05	02:08:37	773	06:02:38
720	1906	Gerard Verheij	Hendrik Ido Ambacht	M55	NED	00:40:20	615	01:14:00	01:43:45	02:57:44	674	03:46:39	674	00:41:12	00:43:38	00:44:48	02:09:37	784	06:02:47
721	1866	Eric Borninkhof	Hilversum	M50	NED	00:44:04	808	01:19:13	01:50:11	03:09:24	816	04:00:22	817	00:36:46	00:38:32	00:41:13	01:56:31	508	06:02:49
722	2174	Gabriela Gruber	Neuberg	W55	AUT	00:52:25	979	01:16:12	01:46:18	03:02:30	738	04:00:46	818	00:37:40	00:39:27	00:40:20	01:57:25	527	06:02:54
723	1420	Sebastien Meynckens	Lens	M40	FRA	00:37:33	455	01:16:58	01:50:31	03:07:29	797	03:52:04	741	00:38:26	00:42:18	00:44:44	02:05:27	723	06:03:04
724	1457	Duco de Ruiters	Rotterdam	M40	NED	00:34:54	247	01:11:51	01:39:36	02:51:26	514	03:31:32	396	00:42:13	00:48:16	00:55:32	02:26:01	917	06:03:11
725	1194	Simon Douw	Haarlem	M30	NED	00:38:56	535	01:20:13	01:52:25	03:12:38	847	03:59:20	809	00:34:44	00:39:33	00:43:59	01:58:15	552	06:03:15
726	1379	Rens Linders	Rotterdam	M35	NED	00:39:04	541	01:19:32	01:49:26	03:08:57	813	03:59:58	812	00:36:02	00:38:54	00:41:03	01:55:59	497	06:03:23
727	1465	Reinier de Jong	Papendrecht	M40	NED	00:41:06	649	01:19:43	01:41:59	03:01:42	727	03:49:55	710	00:38:41	00:41:07	00:45:33	02:05:20	719	06:03:30
728	1352	Jos Bakker	Velsen-zuid	M35	NED	00:45:45	871	01:11:36	01:42:20	02:53:56	585	03:49:42	709	00:37:13	00:41:25	00:46:30	02:05:08	715	06:03:39
729	1015	Lex Houweling	Eindhoven	MU24	NED	00:52:07	974	01:16:40	01:39:22	02:56:01	644	03:55:44	778	00:35:26	00:43:02	00:43:45	02:02:12	644	06:03:43
730	1178	Daan Kuijpers	Lelystad	M30	NED	00:38:21	487	01:16:46	01:49:46	03:06:32	787	03:52:51	748	00:40:16	00:42:03	00:40:49	02:03:08	666	06:03:53
731	2171	Astrid Haverkamp	Almere	W50	NED	00:39:20	553	01:16:58	01:51:37	03:08:35	809	03:54:02	763	00:38:13	00:41:46	00:44:45	02:04:43	702	06:03:54
732	1696	Pim de Wit	Eindhoven	M45	NED	00:36:03	333	01:08:14	01:45:22	02:53:35	571	03:35:21	482	00:43:39	00:47:31	00:50:25	02:21:35	894	06:03:55
733	1721	Marco Heijstek	Geldrop	M45	NED	00:37:28	447	01:14:15	01:45:59	03:00:13	709	03:45:35	662	00:40:32	00:44:02	00:49:00	02:13:33	825	06:04:06
734	1770	Neville Breach	Andover	M50	GBR	00:39:44	581	01:18:03	01:54:53	03:12:55	849	04:01:47	830	00:36:23	00:39:34	00:42:03	01:57:59	541	06:04:10
735	1524	Roelf Meijer	Westervoort	M40	NED	00:36:49	400	01:10:24	01:38:03	02:48:26	422	03:33:59	454	00:43:51	00:45:51	00:54:09	02:23:50	906	06:04:16
736	1170	Jerry Heij	Rotterdam	M30	NED	00:39:49	587	01:18:32	01:49:08	03:07:40	799	03:55:27	776	00:38:49	00:40:55	00:43:21	02:03:03	663	06:04:20
737	1123	Ben Worsey	Cardiff	M30	GBR	00:39:14	549	01:12:18	01:44:30	02:56:48	659	03:44:02	622	00:42:09	00:44:41	00:47:46	02:14:36	840	06:04:30
738	1900	Wim Driessen	Asten	M55	NED	00:39:40	577	01:13:16	01:41:18	02:54:33	604	03:46:22	671	00:39:32	00:42:56	00:48:51	02:11:18	805	06:04:32
739	1275	Mirko Reck	Udem	M35	GER	00:40:08	607	01:15:47	01:50:06	03:05:53	780	03:54:05	764	00:38:49	00:42:09	00:45:01	02:05:58	732	06:04:40
740	1758	Damien Fuks	Liège	M50	BEL	00:43:32	774	01:13:06	01:43:48	02:56:54	660	03:52:02	740	00:39:13	00:42:30	00:44:43	02:06:25	738	06:04:44
741	1021	Frank Doornink	Amsterdam	MU24	NED	00:44:32	840	01:13:30	01:40:13	02:53:42	574	03:45:24	658	00:41:22	00:43:40	00:48:36	02:13:38	826	06:05:00
742	1674	Vries Beker	Spijkensisse	M45	NED	00:40:37	618	01:18:10	01:53:00	03:11:10	836	03:59:01	802	00:38:44	00:39:58	00:40:11	01:58:53	567	06:05:03
743	1536	Carlo van Kempen	Nijmegen	M40	NED	00:43:29	769	01:15:18	01:46:03	03:01:21	721	03:53:57	761	00:38:00	00:40:02	00:42:48	02:00:48	615	06:05:17
744	1584	Martin Gough	Wassenaar	M45	GBR	00:46:04	879	01:19:56	01:38:01	02:57:57	678	03:51:10	733	00:37:16	00:43:22	00:47:17	02:07:54	764	06:05:31
745	1708	Maarten Vrakking	Deinum	M45	NED	00:42:20	720	01:12:32	01:40:48	02:53:20	564	03:43:15	610	00:41:41	00:46:21	00:48:11	02:16:12	854	06:05:40
746	1859	Machel Haag	Elst	M50	NED	00:41:10	654	01:16:58	01:49:48	03:06:45	790	04:00:15	816	00:35:13	00:39:08	00:41:21	01:55:41	486	06:05:43
747	1688	Jeffrey (jeff) Kater	Almere	M45	NED	00:42:49	741	01:22:33	01:40:10	03:02:42	740	03:52:22	744	00:40:50	00:41:35	00:46:56	02:09:20	783	06:05:45
748	1514	Alexander Vogtländer	Amsterdam	M40	NED	00:45:03	855	01:11:24	01:41:38	02:53:02	556	03:44:15	629	00:46:47	00:43:47	00:45:34	02:16:07	852	06:05:45
749	1018	David van Eekhout	Ede Gld	MU24	NED	00:34:10	207			02:55:19	629	03:36:44	504	00:42:21	00:48:10	00:51:08	02:21:38	895	06:05:59
750	1601	Martin Engelbach	Groß Schwülper	M45	GER	00:36:38	372	01:17:12	01:48:24	03:05:35	777	03:53:23	753	00:38:40	00:41:26	00:43:06	02:03:10	667	06:05:59
751	1602	Markus Bröker	Essen	M45	GER	00:37:26	446	01:08:17	01:39:01	02:47:17	387	03:32:46	424	00:42:31	00:45:57	00:55:39	02:24:06	908	06:06:04
752	2086	Katrijn Titeca	Anzegem	W40	BEL														

764	1337	Arnaud van der Knaap	Rotterdam	M35	NED	00:44:10	816	01:13:51	01:46:23	03:00:14	710	03:50:05	715	00:38:32	00:42:21	00:50:06	02:10:59	801	06:08:14
765	2093	Moni Winter	Dreieich	W40	GER	00:43:40	785	01:18:49	01:50:45	03:09:33	819	04:01:01	822	00:38:39	00:40:39	00:41:15	02:00:32	611	06:08:24
766	1638	Machiel Muiderman	Utrecht	M45	NED	00:50:08	948	01:21:06	01:54:38	03:15:43	875	04:15:31	918	00:35:55	00:35:54	00:36:05	01:47:53	311	06:08:26
767	2103	Anke de Boer - Van Genesen	Almere	W40	NED	00:44:26	835	01:21:05	01:49:26	03:10:30	828	04:00:59	821	00:37:25	00:40:27	00:44:57	02:02:49	656	06:08:38
768	1495	Martin van den Bosch	Zierikzee	M40	NED	00:39:35	569	01:15:15	01:42:34	02:57:49	675	03:45:33	660	00:42:40	00:47:14	00:48:33	02:18:25	870	06:08:39
769	1162	Jelle Fresen	Rotterdam	M30	NED	00:49:20	935	01:12:42	01:41:06	02:53:47	578	03:54:47	773	00:41:46	00:45:59	00:38:50	02:06:33	741	06:08:57
770	1828	Hans Straathof	Lelystad	M50	NED	00:43:59	803	01:14:23	01:48:03	03:02:25	737	03:58:24	799	00:39:44	00:40:28	00:42:39	02:02:50	658	06:08:58
771	2142	Heleen de Gouw	Alphen Aan Den Rijn	W45	NED	00:39:35	570	01:19:08	01:50:46	03:09:54	821	03:53:53	760	00:41:08	00:43:37	00:46:15	02:10:59	802	06:09:02
772	1944	Ron van der Geest	Bussum	M50	NED	00:38:34	501	01:11:47	01:44:05	02:55:52	640	03:43:31	614	00:42:31	00:44:41	00:51:45	02:18:57	876	06:09:34
773	1385	Oliver Legaspi	Wukair	M35	PHI	00:43:28	768	01:16:04	01:44:35	03:00:38	715	03:50:26	721	00:44:07	00:44:58	00:43:51	02:12:55	816	06:09:43
774	1662	Edwin Koenig	Almere	M45	NED	00:37:37	459	01:07:32	01:37:06	02:44:37	324	03:30:54	384	00:46:20	00:51:05	00:54:15	02:31:40	944	06:10:02
775	1872	Joel Goldberg	Wassenaar	M50	USA	00:44:11	818	01:19:40	01:57:01	03:16:41	883	04:13:16	908	00:34:42	00:36:59	00:37:52	01:49:32	348	06:10:36
776	2010	Carmen Rohlf's	Bremen	W25	GER	00:40:55	637	01:18:41	01:51:43	03:10:24	827	03:58:21	798	00:40:12	00:42:23	00:45:17	02:07:52	762	06:10:51
777	1267	Dennis Rohlf's	Bremen	M35	GER	00:56:12	991	01:15:07	01:43:54	02:59:00	695	04:03:36	847	00:38:24	00:40:32	00:42:07	02:01:03	621	06:10:52
778	2159	Dawn Green	Cannock	W50	GBR	00:43:57	802	01:19:31	02:01:24	03:20:55	917	04:09:52	888	00:38:48	00:38:39	00:40:17	01:57:43	538	06:10:52
779	2025	Monika Luberadzka	Warszawa	W25	POL	00:36:41	380	01:19:27	02:03:37	03:23:04	930	04:03:29	845	00:40:39	00:41:41	00:42:39	02:04:57	709	06:10:53
780	1059	Jules Nouwen	Amsterdam	M25	NED	00:38:33	499	01:16:46	01:50:17	03:07:02	794	03:54:11	767	00:40:21	00:43:12	00:46:40	02:10:12	790	06:10:59
781	1715	Eelco Algra	Bertsum	M45	NED	00:48:38	925	01:11:22	01:39:32	02:50:54	498	03:48:05	686	00:41:16	00:45:34	00:49:53	02:16:42	857	06:11:12
782	1508	Roger Palmen	Arnhem	M40	NED	00:49:30	939	01:14:06	01:48:07	03:02:12	730	04:00:06	814	00:39:33	00:41:42	00:44:20	02:05:33	725	06:11:21
783	1293	Marnix Cornelisse	Gouda	M35	NED	00:36:35	369	01:08:52	01:45:03	02:53:54	584	03:37:12	516	00:42:35	00:51:54	00:54:34	02:29:02	938	06:11:23
784	2135	Lioudmila Skalkina	Hoofddorp	W45	NED	00:41:24	672	01:20:18	01:49:10	03:09:27	817	03:57:42	789	00:42:12	00:42:17	00:39:31	02:03:59	684	06:11:27
785	1629	Peter van Mil	Alphen Aan Den Rijn	M45	NED	00:43:40	786	01:11:17	01:42:57	02:54:14	591	03:45:03	647	00:41:30	00:47:27	00:50:41	02:19:37	882	06:11:39
786	1045	Ronald de Haan	Amsterdam	M25	NED	00:43:36	780	01:17:02	01:59:34	03:16:35	882	04:06:37	865	00:34:53	00:39:20	00:47:24	02:01:35	634	06:11:57
787	2069	Beate Wendland	Grefrath	W35	GER	00:51:16	965	01:13:24	01:42:44	02:56:08	648	03:52:00	739	00:40:20	00:44:28	00:50:24	02:15:11	845	06:12:18
788	1449	Lorenzo Guiljam	Goirle	M40	NED	00:44:22	831	01:21:02	01:53:02	03:14:04	862	04:07:43	872	00:38:12	00:38:34	00:40:41	01:57:26	529	06:12:20
789	1582	Frederic Leenknecht	Lille	M45	FRA	00:44:08	814	01:19:52	01:51:25	03:11:17	837	04:02:34	838	00:39:10	00:42:02	00:43:44	02:04:55	707	06:12:33
790	2172	Laura van der Waal	Papendrecht	W50	NED	00:37:41	462	01:21:01	01:51:10	03:12:11	841	03:57:46	790	00:41:51	00:42:33	00:44:46	02:09:09	780	06:13:18
791	1813	Maarten Krijvenaer	Amsterdam	M50	NED	00:44:07	813	01:21:19	01:53:00	03:14:18	866	04:07:02	868	00:36:39	00:40:42	00:41:47	01:59:07	575	06:13:19
792	1485	Nils van Dijk	Arnhem	M40	NED	00:45:04	858	01:09:11	01:35:39	02:44:49	332	03:40:31	566	00:46:54	00:48:40	00:50:40	02:26:13	920	06:13:19
793	1468	Leon Schuurbijs	Bergen Op Zoom	M40	NED	00:49:19	934	01:16:43	01:47:09	03:03:51	760	04:01:22	827	00:37:02	00:41:09	00:47:35	02:05:45	727	06:13:27
794	1590	Peter Holt	Winchester	M45	GBR	00:46:42	885	01:11:32	01:42:53	02:54:24	598	03:48:46	692	00:41:08	00:46:36	00:50:31	02:18:13	866	06:13:41
795	1588	Neil Cooper	East Cowes	M45	GBR	00:40:00	598	01:15:29	01:50:25	03:05:54	781	03:53:29	756	00:38:12	00:43:05	00:51:53	02:13:09	819	06:13:46
796	1024	Daan Springveld	Lelystad	MU24	NED	00:31:43	84	01:15:47	01:50:51	03:06:38	788	03:44:39	638	00:46:27	00:45:58	00:50:57	02:23:22	904	06:13:51
797	1762	Frans Pieters	Haasdonk	M50	BEL	00:43:43	788	01:21:48	01:51:47	03:13:35	856	04:05:33	861	00:39:16	00:40:05	00:43:29	02:02:48	655	06:13:51
798	1472	Walter Langedijk	Wognum	M40	NED	00:42:57	746	01:17:32	01:50:51	03:08:23	807	04:01:54	833	00:40:35	00:42:30	00:42:11	02:05:15	718	06:13:52
799	1419	Dmitry Kozakovskiy	Minsk	M40	BLR	00:41:16	660	01:15:57	01:50:28	03:06:25	786	03:55:41	777	00:41:26	00:43:24	00:46:08	02:10:57	799	06:14:12
800	1818	Klaas Hiddema	Boelenslaan	M50	NED	00:50:29	951	01:15:31	01:49:43	03:05:14	776	04:01:49	831	00:40:10	00:41:15	00:43:03	02:04:26	694	06:14:14
801	1823	Raymond Haagmans	Nuth	M50	NED	00:42:49	742	01:11:47	01:41:37	02:53:23	568	03:42:13	591	00:42:37	00:48:06	00:55:27	02:26:09	919	06:14:21
802	1810	Roel Arends	Almere	M50	NED	00:36:34	364	01:09:45	01:42:51	02:52:35	544	03:40:38	570	00:41:00	00:48:57	00:54:39	02:24:34	910	06:14:22
803	2045	Anouk van der Sman	Naaldwijk	W30	NED	00:47:41	906	01:20:24	01:54:01	03:14:24	869	04:06:23	864	00:37:46	00:41:39	00:45:16	02:04:40	700	06:14:33
804	1131	Heiko Plickert	Bonn	M30	GER	00:55:42	989	01:09:13	01:39:43	02:48:55	444	03:53:29	755	00:43:47	00:46:34	00:45:31	02:15:52	849	06:14:51
805	1107	Stefan Colle	Desselgem	M30	BEL	00:35:37	301	01:17:41	01:49:35	03:07:15	795	03:50:47	726	00:41:52	00:46:43	00:50:55	02:19:29	880	06:15:31
806	1117	Laurent Pequignot	Paris	M30	FRA	00:44:18	829	01:19:50	01:58:07	03:17:57	894	04:13:04	905	00:35:35	00:38:47	00:39:56	01:54:17	456	06:15:37
807	2094	Tanja Stöckmann	Gelsenkirchen	W40	GER	00:40:02	600	01:22:43	01:58:25	03:21:08	919	04:05:55	862	00:41:36	00:42:25	00:43:26	02:07:26	759	06:15:44
808	1624	Marcel Zwiers	Bunnik	M45	NED	00:48:11	915	01:16:19	01:49:37	03:05:55	782	04:03:30	846	00:40:40	00:41:51	00:44:17	02:06:47	746	06:15:54
809	1598	Alexander van Laar	Mettmann	M45	GER	00:37:48	468	01:09:34	01:39:17	02:48:50	438	03:31:58	406	00:48:09	00:54:30	00:56:29	02:39:07	962	06:16:00
810	2046	Gerd Meurs	Delft	W30	NED	00:42:12	710	01:23:45	02:02:39	03:26:24	946	04:12:45	903	00:38:04	00:39:14	00:43:14	02:00:31	607	06:16:18
811	1381	Ingmar van der Waaij	Rotterdam	M35	NED	00:48:27	923	01:18:40	01:46:01	03:04:40	768	04:01:23	828	00:39:47	00:42:09	00:45:15	02:07:09	753	06:16:32
812	1301	Joris Bliekendaal	Almere	M35	NED	00:47:26	902	01:18:24	01:47:35	03:05:58	783	04:03:06	843	00:40:06	00:42:43	00:41:50	02:04:38	699	06:16:36
813	1660	Marcel Kool	Almere	M45	NED	00:43:46	790	01:16:58	01:46:17	03:03:15	747	03:53:48	759	00:42:11	00:44:39	00:48:57	02:15:46	848	06:16:42
814	1774	Stephan Eisermann	Köln	M50	GER	01:03:32	1001	01:18:09	01:53:15	03:11:24	839	04:21:15	945	00:35:13	00:37:50	00:37:59	01:51:01	381	06:16:43
815	1516	Jan de Raadt	Almere	M40	NED	00:55:49	990	01:21:46	01:41:58	03:03:44	757	04:08:25	876	00:39:31	00:40:27	0			

831	2144	Pascal van Zaal	Rotterdam	W45	NED	00:43:19	757	01:19:31	01:50:24	03:09:55	822	04:01:19	826	00:40:47	00:43:55	00:45:10	02:09:52	786	06:18:47
832	1899	Wim Breugelmans	Asten	M55	NED	00:32:59	142	01:16:18	01:48:40	03:04:58	774	03:47:08	678	00:42:21	00:46:04	00:57:29	02:25:52	916	06:19:01
833	2122	Jacqui Taylor	Andover	W45	GBR	00:43:57	801	01:21:19	01:49:02	03:10:20	826	03:58:59	801	00:41:28	00:44:44	00:48:42	02:14:53	843	06:19:03
834	2061	Lena Feringa	Edegem	W35	BEL	00:40:57	638	01:16:39	01:45:40	03:02:19	734	03:48:49	695	00:45:59	00:47:28	00:50:11	02:23:37	905	06:19:24
835	2166	Elles Spaans	Hilversum	W50	NED	00:43:22	761	01:18:38	01:46:09	03:04:47	772	03:54:09	766	00:40:14	00:47:22	00:53:07	02:20:43	887	06:19:27
836	2064	Tessa Pirie	Aivmore	W35	GBR	00:39:02	540	01:22:02	01:56:46	03:08:48	899	04:04:11	850	00:42:10	00:43:50	00:44:58	02:10:57	800	06:19:31
837	1118	Orville Geneyton	Paris	M30	FRA	00:51:15	964	01:35:23	01:44:01	03:19:24	904	04:18:50	932	00:36:57	00:38:17	00:39:47	01:55:01	474	06:19:51
838	1377	Iwan Fiering	Ter Heijde	M35	NED	00:45:04	857	01:08:58	01:40:45	02:49:43	466	03:42:16	592	00:40:44	00:51:07	00:58:18	02:30:09	941	06:19:59
839	1682	Martijn Veltenaar	Amsterdam	M45	NED	00:47:08	891	01:20:49	01:52:45	03:13:34	855	04:10:21	891	00:39:33	00:40:06	00:42:22	02:01:59	642	06:20:16
840	1794	Paul Heijligers	Lindhoven	M50	NED	00:39:10	544	01:13:24	01:49:07	03:02:31	739	03:51:24	734	00:40:44	00:47:54	00:53:09	02:21:45	897	06:20:18
841	1843	Gerard Glasius	Eindhoven	M50	NED	00:45:20	863	01:18:12	02:01:22	03:19:34	906	04:11:30	896	00:38:51	00:39:53	00:43:18	02:02:01	643	06:20:33
842	1671	André Postma	Almere	M45	NED	00:39:25	557	01:21:04	01:53:56	03:14:59	873	04:02:54	841	00:41:47	00:44:38	00:43:47	02:10:12	791	06:20:55
843	1718	Eelco Randwijk	Ede	M45	NED	00:42:10	708	01:16:10	01:47:48	03:03:57	762	03:53:39	758	00:41:08	00:45:39	00:51:59	02:18:44	873	06:21:05
844	1161	Manuel Wierda	Amsterdam	M30	NED	00:41:56	697	01:19:42	01:54:42	03:14:23	868	04:02:12	836	00:40:58	00:44:35	00:47:27	02:12:59	817	06:21:16
845	1383	Espen Haugseth	Krokkleiva	M35	NOR	00:47:17	896	01:16:15	01:45:13	03:01:27	723	04:01:52	832	00:40:30	00:44:08	00:47:58	02:12:35	812	06:21:26
846	1920	Roel Timmerman	Tynaarlo	M55	NED	00:54:23	987	01:10:47	01:40:20	02:51:07	505	03:56:22	783	00:44:56	00:46:45	00:46:21	02:18:00	864	06:21:47
847	2056	Alexandra Kotulova	Koblenz	W30	SVK	00:43:36	781	01:18:30	01:54:15	03:12:45	848	04:09:10	882	00:41:33	00:42:05	00:41:29	02:05:06	713	06:21:49
848	2157	R. Nicki Doerr	Wassenaar	W45	USA	00:44:43	846	01:22:17	01:51:32	03:13:49	857	04:06:59	866	00:40:11	00:42:30	00:45:01	02:07:41	760	06:21:57
849	1883	Uwe Schaare	Hamburg	M55	GER	00:40:05	603	01:14:39	01:48:15	03:02:53	744	03:54:11	768	00:42:52	00:47:04	00:51:11	02:21:06	891	06:22:17
850	1668	Martijn van Helmond	Asten	M45	NED	00:41:05	647	01:20:41	01:51:32	03:12:13	842	04:01:18	824	00:39:34	00:43:46	00:52:15	02:15:34	847	06:22:24
851	1704	Marcel Does	Almere	M45	NED	00:46:07	881	01:19:52	02:00:11	03:20:03	911	04:13:31	909	00:38:06	00:41:56	00:42:16	02:02:16	645	06:23:02
852	2114	Tina Alenfors	Almere	W40	SWE	00:49:54	945	01:23:18	01:54:42	03:18:00	895	04:17:26	925	00:38:30	00:40:37	00:42:07	02:01:14	625	06:23:07
853	1087	Peter van Beek	Zeewolde	M25	NED	00:47:31	903	01:22:27	01:53:29	03:15:55	877	04:11:17	895	00:39:15	00:42:36	00:45:28	02:07:18	758	06:24:00
854	1203	Michiel Kamphuis	Utrecht	M30	NED	00:46:13	882	01:25:23	02:01:26	03:26:48	949	04:24:19	954	00:37:03	00:38:25	00:38:32	01:53:59	449	06:24:14
855	2021	Wicky Bakker	Velsen-zuid	W25	NED	00:47:12	893	01:22:39	01:57:31	03:20:09	913	04:13:36	911	00:39:38	00:42:19	00:44:54	02:06:50	748	06:24:36
856	2017	Annet Remmerswaal	Amsterdam	W25	NED	00:43:40	784	01:16:28	01:50:54	03:07:22	796	03:56:03	782	00:44:29	00:49:43	00:50:32	02:24:44	912	06:24:41
857	2087	Mieke D'haene	Desselgem	W40	BEL	00:36:34	365	01:22:38	01:53:39	03:16:17	879	03:59:45	811	00:44:54	00:46:33	00:49:52	02:21:18	893	06:24:54
858	1480	Barry Cornelissen	Hellden	M40	NED	00:38:12	483	01:19:21	01:47:24	03:06:45	789	03:56:44	785	00:40:18	00:44:18	00:54:34	02:19:09	877	06:25:00
859	1424	Anthony Putt	Andover	M40	GBR	00:36:34	367	01:18:48	02:00:41	03:19:29	905	04:03:38	848	00:39:19	00:45:18	00:49:21	02:13:57	829	06:25:16
860	1134	Michael Heuper	Leubsdorf	M30	GER	00:41:11	655	01:18:29	01:51:28	03:09:56	823	03:59:13	806	00:39:56	00:51:01	00:49:12	02:20:07	884	06:25:18
861	2090	Constanze Lestin	Groß Schwülper	W40	GER	00:39:27	559	01:21:54	01:53:41	03:15:35	874	04:00:51	819	00:45:33	00:46:28	00:47:13	02:19:13	878	06:25:36
862	2152	Diantha Meiring	Dordrecht	W45	NED	00:51:27	968	01:17:26	01:50:05	03:07:31	798	04:08:08	873	00:39:49	00:42:58	00:46:57	02:09:43	785	06:25:40
863	1904	Gerard van de Guchte	Emmeloord	M55	NED	00:37:36	458	01:19:20	01:52:06	03:11:25	840	03:59:09	805	00:42:13	00:44:48	00:50:06	02:17:05	858	06:25:45
864	1790	Gerard Das	Almere	M50	NED	00:47:40	905	01:23:29	01:59:35	03:23:03	929	04:20:19	938	00:37:27	00:41:42	00:41:24	02:00:32	610	06:25:55
865	1060	Joris Olde Kalter	Amsterdam	M25	NED	00:38:38	507	01:21:36	02:03:00	03:24:35	936	04:11:42	897	00:39:19	00:42:33	00:43:57	02:05:48	729	06:26:01
866	1820	Peter Verbeek	Amersfoort	M50	NED	01:05:27	1003	01:21:28	01:56:07	03:17:34	891	04:32:00	970	00:35:15	00:35:25	00:35:47	01:46:26	284	06:26:04
867	1066	Marc Buntsma	Almere	M25	NED	00:52:22	977	01:18:46	01:59:04	03:17:49	892	04:18:27	930	00:38:02	00:40:58	00:42:34	02:01:33	632	06:26:32
868	2169	Dalva Hubert	Almere	W50	NED	00:39:56	593	01:25:39	02:07:00	03:32:39	969	04:17:13	924	00:39:04	00:41:23	00:43:01	02:03:28	674	06:26:32
869	1716	Rene Bultje	Roden	M45	NED	00:42:43	734	01:19:59	01:48:31	03:08:30	808	04:05:27	859	00:42:22	00:44:09	00:46:06	02:12:35	813	06:27:24
870	2014	Dimphy van de Laar	Born	W25	NED	00:31:25	74	01:26:41	02:05:17	03:31:57	965	04:09:25	885	00:42:41	00:44:22	00:45:12	02:12:14	809	06:27:33
871	1529	Jacko Jansen	Utrecht	M40	NED	00:42:12	709	01:15:58	01:42:22	02:58:19	683	03:49:30	706	00:44:10	00:51:45	00:52:52	02:28:47	935	06:27:56
872	2125	Evelyn Verch	Kassel	W45	GER	00:43:30	771	01:19:57	01:58:46	03:18:42	897	04:08:25	875	00:42:19	00:50:40	00:42:58	02:15:56	851	06:28:25
873	2065	Katherine Howells	Alton	W35	GBR	00:40:53	634	01:19:49	01:54:35	03:14:23	867	04:01:56	835	00:46:05	00:48:18	00:47:59	02:22:21	899	06:28:30
874	2052	Suzanne Kortekaas	Almere	W30	NED	00:39:33	567	01:24:26	01:59:47	03:24:12	934	04:10:02	889	00:41:13	00:44:58	00:47:40	02:13:50	828	06:28:36
875	1456	Jeroen Voogd	Bussum	M40	NED	00:41:12	657	01:20:47	01:56:13	03:16:59	886	04:06:11	863	00:41:42	00:46:25	00:47:08	02:15:13	846	06:28:49
876	1596	Mario Seefeld	Halstenbek	M45	GER	00:48:22	921	01:20:45	01:59:41	03:20:25	915	04:18:40	931	00:41:29	00:42:08	00:40:45	02:04:20	890	06:29:13
877	2060	Julie Englebijn	Bruxelles	W35	BEL	00:43:47	794	01:20:26	01:55:29	03:15:54	876	04:04:42	853	00:42:08	00:47:47	00:51:50	02:21:44	696	06:29:45
878	1389	Alexander Sukharev	Moscow	M35	RUS	00:44:50	848	01:24:02	02:00:45	03:24:46	937	04:18:00	927	00:40:20	00:40:49	00:43:17	02:04:25	693	06:29:55
879	1016	Daan Prins	Haarlem	MU24	NED	00:49:49	943	01:17:58	01:53:07	03:11:04	834	04:10:32	892	00:37:59	00:44:08	00:48:15	02:10:20	795	06:29:58
880	1648	Alexander Egressy	Haarlem	M45	NED	00:45:56	876	01:18:43	02:02:47	03:21:29	921	04:15:59	919	00:39:13	00:40:30	00:48:04	02:07:47	761	06:30:17
881	1067	Marcel de Jong	Naaldwijk	M25	NED	00:45:34	866	01:11:49	01:43:06	02:54:54	618	03:50:53	730	00:41:54	00:46:47	01:03:09	02:31:50	945	06:30:52
882	1323	Joey van Veen	Hoogvliet	M35	NED	00:52:21	976	01:19:58	01:53:17	03:13:14	852	04:18:11	928	00:39:50	00:42:18	00:42:34	02:04:41	701	06:31:56
883	1858	Jan Kees Wieringa	Kampen	M50	NED	00:38:23	490	01:17:38	01:54:43	03:12:21	844	03:59:15	807	00:43:45	00:48:38	00:51:36	02:23:58	907	06:32:22
884	2108	Sonja Stengewis	Purmerend	W40	NED	00:37:16	436	01:19:53	01:52:28	03:12:21	843	03:55:55	780	00:46:52	00:51:04	00:53:40	02:31:35	943	06:32:28
885	2044	Marianne Klijnstra	Weesp	W30	NED	00:36:41	379	01:24:15	01:57:17	03:21:31	922	04:02:45	840	00:46:41	00:46:28	00:52:18	02:25:26	915	06:32:57
886	1939	Geert Nieuwenhuizen	Den Bosch	M60	NED	00:56:28	993	01:17:45	01:56:44	03:14:29	870	04:18:55	935	00:40:05	00:43:46	00:46:24	02:10:14	793	06:33:02
887	2013	Jennieke Slettenhaar	Lemelerveld	W25	NED	00:51:50	972	01:24:45	02:06:51	03:31:36	963	04:28:18	964	00:41:25	00:39:33	00:40:22	02:01:19	628	06:33:07
888	1446	Dennis Kleefman	Almere	M40	NED														

901	1841	Howard Pijpaert	Zoetermeer	M50	NED	00:47:58	912	01:20:35	02:05:40	03:26:14	944	04:22:41	949	00:35:22	00:42:19	00:50:20	02:08:00	767	06:35:47
902	2015	Patty Cramer	Almere	W25	NED	00:36:57	417	01:20:09	01:59:09	03:19:18	902	04:03:13	844	00:44:43	00:50:29	00:51:17	02:26:29	923	06:35:56
903	2059	Sophie van Hoeck	Edegem	W35	BEL	00:44:53	850	01:25:54	02:04:46	03:30:40	962	04:25:13	958	00:38:59	00:40:36	00:42:19	02:01:53	641	06:36:00
904	2126	Ariane Wende	Hamburg	W45	GER	00:35:18	273	01:22:28	01:59:34	03:22:02	924	04:04:19	851	00:47:17	00:51:38	00:49:39	02:28:33	932	06:37:27
905	2137	Elisabeth de Vries	Soest	W45	NED	00:49:03	930	01:32:27	02:04:34	03:37:00	975	04:34:52	977	00:36:51	00:39:33	00:40:53	01:57:17	523	06:37:47
906	1834	Alfred Kaal	Deventer	M50	NED	00:51:12	963	01:23:26	02:02:32	03:25:58	943	04:26:45	960	00:37:14	00:40:47	00:48:03	02:06:03	734	06:38:08
907	1100	Laurens Voogd	Amsterdam	M30	NED	00:51:40	970	01:15:07	01:52:51	03:07:58	801	04:08:25	874	00:42:43	00:48:22	00:51:12	02:22:16	898	06:38:24
908	2043	Siepke van den Burg	Woerden	W30	NED	00:48:07	913	01:25:28	01:57:45	03:23:12	931	04:16:34	920	00:42:37	00:47:34	00:47:00	02:17:10	859	06:38:26
909	1471	Martijn Krijger	Rotterdam	M40	NED	00:43:28	766	01:11:07	01:43:13	02:54:19	597	03:46:54	677	01:00:44	00:51:29	00:51:08	02:43:20	970	06:39:12
910	2127	Anke Floeth	Frankfurt	W45	GER	00:49:52	944	01:21:50	02:04:47	03:26:36	947	04:25:00	957	00:40:27	00:42:40	00:43:44	02:06:50	749	06:39:13
911	1441	Luca Crocco	Ixelles	M40	ITA	00:36:09	340	01:17:23	02:20:39	03:38:02	979	04:22:15	947	00:41:35	00:43:21	00:44:18	02:09:12	782	06:39:18
912	1884	Werner Thiel	Nettetal	M55	GER	00:49:33	940	01:15:57	01:49:44	03:05:41	779	04:04:50	855	00:46:15	00:51:18	00:51:11	02:28:43	933	06:39:24
913	1425	Zain Kapasi	Haddington	M40	GBR	00:49:07	932	01:12:52	01:44:23	02:57:15	668	03:53:26	754	00:52:53	00:52:41	00:55:51	02:41:24	965	06:40:50
914	1430	Egbert Kreklau	Düsseldorf	M40	GER	00:35:42	309	01:21:17	01:55:10	03:16:26	881	04:00:08	815	00:50:59	00:52:31	00:51:12	02:34:41	953	06:40:58
915	1304	Ramon Kinninging	Nieuwegein	M35	NED	00:38:03	475	01:19:59	01:54:01	03:13:59	860	04:00:04	813	00:46:31	00:50:39	00:57:12	02:34:20	951	06:41:02
916	1767	Bruno Duval	Isneauville	M50	FRA	00:42:01	701	01:27:51	02:09:54	03:37:44	976	04:28:39	965	00:38:47	00:40:43	00:45:42	02:05:12	716	06:41:24
917	2004	Aglaia Hage	The Hague	WU24	NED	00:47:23	899	01:25:38	01:58:12	03:23:56	932	04:17:11	923	00:44:16	00:46:05	00:48:56	02:19:17	879	06:41:58
918	1236	Yannick Herman	Peutie	M35	BEL	00:45:37	867	01:20:48	02:02:05	03:22:53	927	04:14:20	915	00:42:37	00:46:37	00:53:45	02:22:59	902	06:42:03
919	2100	José van Meel	Breda	W40	NED	00:43:35	779	01:22:19	01:59:31	03:21:50	923	04:12:07	900	00:45:33	00:49:03	00:51:33	02:26:08	918	06:42:07
920	2110	Amber Williams	Amsterdam	W40	NED	00:50:55	960	01:27:23	02:04:44	03:32:06	967	04:27:55	962	00:42:04	00:42:40	00:44:05	02:08:48	775	06:42:22
921	1176	Silvia Thiel	Nettetal	W55	GER	00:48:11	914	01:22:36	01:59:42	03:22:18	925	04:18:51	933	00:45:53	00:46:13	00:46:47	02:18:52	875	06:43:44
922	1874	Ralf Brandes	Gera	M50	GER	00:38:44	590	01:19:35	01:59:14	03:18:49	900	04:05:20	858	00:47:00	00:50:43	00:56:02	02:33:11	947	06:43:50
923	1057	Guus Janssen	Dordrecht	M25	NED	00:39:22	556	01:18:23	01:42:36	03:00:59	719	03:48:27	689	00:49:10	00:57:58	01:02:42	02:49:49	979	06:44:05
924	1842	Hans Sierhuis	Amsterdam	M50	NED	00:52:24	978	01:22:03	01:57:43	03:19:45	908	04:23:47	952	00:41:49	00:41:24	00:45:58	02:09:09	781	06:44:05
925	2175	Katharina Tesch	Hamburg	W55	GER	00:43:26	764	01:24:19	02:03:15	03:27:34	955	04:27:22	961	00:40:26	00:44:10	00:49:38	02:14:13	837	06:44:47
926	1525	Henk de Hoog	Almere	M40	NED	00:39:54	590	01:21:15	01:58:14	03:19:49	909	04:10:16	890	00:45:54	00:50:43	00:52:24	02:29:00	937	06:45:01
927	2170	Judy Pel	Horley	W50	NED	00:47:21	898	01:24:08	02:00:46	03:24:53	938	04:18:53	934	00:43:35	00:48:48	00:48:29	02:20:51	888	06:45:46
928	2119	Niehk Heijstek	Geldrop	W45	NED	00:47:24	900	01:23:19	02:00:38	03:23:57	933	04:17:08	922	00:43:37	00:48:03	00:53:03	02:24:42	911	06:46:33
929	2019	Anja Wagner	Köln	W25	GER	00:41:23	670	01:29:44	02:02:32	03:32:16	968	04:20:11	937	00:42:08	00:46:45	00:54:11	02:23:03	903	06:47:04
930	1163	Rene Willemars	Amsterdam	M30	NED	00:45:51	873	01:15:00	01:54:34	03:09:33	818	04:04:57	857	00:46:07	00:52:32	00:56:22	02:35:00	955	06:47:13
931	2130	Katja Pohl	Wentorf Bei Hamburg	W45	GER	00:46:52	887	01:27:38	02:07:00	03:34:38	972	04:32:29	972	00:39:50	00:42:35	00:47:33	02:09:58	787	06:47:17
932	1928	Theo Heinrichs	Troisdorf	M60	GER	00:44:34	841	01:21:48	01:57:34	03:19:21	903	04:13:10	906	00:48:09	00:47:08	00:51:28	02:26:44	924	06:47:34
933	2018	Tessa Mentink	Breda	W25	NED	00:43:34	778	01:32:57	02:10:29	03:43:25	985	04:32:54	974	00:46:46	00:41:31	00:43:30	02:11:46	807	06:48:03
934	1878	William Strobbe	Brecht	M55	BEL	00:39:33	566	01:16:51	01:53:51	03:10:42	830	03:58:09	796	00:51:21	00:58:27	00:53:12	02:42:59	969	06:48:29
935	1116	Alain Ansart	Paris	M30	FRA	00:50:34	954	01:16:55	02:19:23	03:36:17	974	04:35:13	978	00:38:50	00:42:08	00:47:39	02:08:35	772	06:48:57
936	1513	Björn Gertsen	Huizen	M40	NED	01:01:56	1000	01:18:06	01:54:24	03:12:30	846	04:24:31	955	00:39:28	00:44:34	00:53:26	02:17:27	861	06:49:09
937	1581	Harri Päiväniemi	Espoo	M45	FIN	00:48:21	919	01:20:50	01:52:07	03:12:56	850	04:08:50	878	00:50:26	00:49:55	00:52:55	02:33:15	948	06:49:43
938	2023	Klazina Korver	Groningen	W25	NED	00:36:45	388	01:19:28	01:59:16	03:18:44	898	04:01:55	834	00:51:02	00:53:11	00:59:42	02:43:54	971	06:50:02
939	1879	Luc van den Neucker	Sint-laureins	M55	BEL	00:49:29	938	01:19:51	01:53:10	03:13:01	851	04:13:41	912	00:44:31	00:49:08	00:51:33	02:25:10	914	06:50:04
940	2063	Karine Grenon	Montigny En Gohelle	W35	FRA	00:36:44	385	01:23:55	01:56:54	03:20:49	916	04:04:23	852	00:49:54	00:54:29	00:59:52	02:44:15	972	06:51:14
941	1242	Ibrahim Ouasli	Diegem	M35	BEL	01:10:46	1004	01:21:17	01:56:10	03:17:27	890	04:36:15	981	00:37:29	00:43:55	00:46:36	02:08:00	766	06:51:20
942	2020	Maaïke Kogelman	Heerenveen	W25	NED	00:47:15	895	01:34:17	02:05:06	03:39:23	981	04:32:51	973	00:42:59	00:44:35	00:45:33	02:13:06	818	06:51:32
943	2027	Eszter Csörgő	Amsterdam	W30	HUN	00:43:47	792	01:24:32	02:01:43	03:26:15	945	04:22:11	946	00:45:24	00:47:49	00:48:03	02:21:14	892	06:53:14
944	1403	Jarino Declerck	Ingelmunster	M40	BEL	00:42:08	704	01:16:18	01:57:46	03:14:04	861	04:05:29	860	00:44:56	00:56:39	01:00:13	02:41:47	966	06:53:25
945	2177	Ineke van den Berg	Noordwijk	W55	NED	00:45:00	854	01:21:59	01:55:05	03:17:04	887	04:09:17	884	00:49:29	00:52:19	00:54:45	02:36:32	957	06:53:45
946	1814	Dennis van Oudheusden	Almere	M50	NED	00:52:31	981	01:19:07	02:00:43	03:19:49	910	04:20:58	943	00:42:59	00:50:50	00:51:16	02:25:04	913	06:54:19
947	1256	Antonio Perez	Viersen	M35	ESP	00:59:25	999	01:24:57	01:55:20	03:20:17	914	04:30:30	967	00:38:16	00:51:02	00:49:09	02:18:26	871	06:55:11
948	1927	Timo Salmela	Espoo	M60	FIN	00:57:59	996	01:24:10	02:00:40	03:26:50	950	04:35:43	979	00:42:33	00:44:46	00:46:44	02:14:02	833	06:55:18
949	1918	Ron Stuurman	Boskoop	M55	NED	00:41:50	693	01:22:00	02:02:53	03:22:52	926	04:17:46	926	00:44:18	00:49:35	00:54:53	02:28:45	934	06:55:45
950	1440	Colm Bowers	Dublin	M40	IRL	00:46:44	886	01:25:43	02:03:08	03:28:51	958	04:24:58	956	00:48:50	00:46:21	00:49:09	02:24:19	909	06:55:50
951	2050	Renske Thalen	Roden	W30	NED	00:42:03	702	01:21:30	01:54:56	03:16:25	880	04:04:55	856	00:48:30	00:56:15	01:00:32	02:45:16	974	06:56:18
952	1105	Jan van Mulders	Ninove	M30	BEL	00:37:02	429	01:28:41	02:00:41	03:29:21	959	04:14:10	913	00:47:08	00:52:11	00:55:36	02:34:54	954	06:56:19
953	1697	Erik Feenstra	Rotterdam	M45	NED	00:51:31	969	01:20:28	01:50:57	03:11:24	838	04:12:19	902	00:44:46	00:53:05	00:59:21	02:37:10	958	06:56:36
954	1915	Charles Wessels	De Zilk	M55	NED	00:38:41	511	01:15:52	01:44:48	03:00:40	716	03:50:20	719	00:48:45	00:46:54	01:03:58	02:48:46	976	06:56:53
955	1930	Wil Walhain	Bleiswijk	M60	NED	00:51:22	966	01:26:00	02:04:18	03:30:18	961	04:36:23	982	00:42:12	00:43:43	00:47:27	02:13:21	824	06:57:36
956	2155	Brenda Andriese	Dordrecht	W45	NED	00:52:01	973	01:26:11	02:05:39	03:31:50	964	04:34:24	976	00:41:13	00:45:20	00:51:02	02:17:34	862	06:58:23
957	2161	Manuela Roth	Frankfurt	W50	GER	00:54:19	986	01:21:05	01:48:44	03:09:49	820	04:12:04	899	00:49:45	00:54:05	00:58:53	02:42:42	968	06:58:31
958	1026	Nikolay Mikhaylov	Moscow	MU24	RUS	00:49:28	937	01:22:57	01:51:14	03:1									

973	1940	Jos Hogenbirk	Huizen	M60	NED	00:50:37	955	02:08:53	0	04:39:13	984	00:45:47	00:50:27	00:52:17	02:28:29	931	07:16:36		
974	1781	Bernd Doktor	Recklinghausen	M50	GER	00:43:56	800	01:28:53	02:09:04	03:37:57	977	04:30:42	968	00:49:08	00:54:47	00:54:23	02:38:17	961	07:16:47
975	1436	Norbert Harz	Hamburg	M40	GER	00:56:48	994	01:27:29	01:59:36	03:27:05	953	04:34:02	975	00:48:34	00:52:41	00:56:37	02:37:51	959	07:18:48
976	1095	Tien-min Tsao	Eindhoven	M25	TPE	00:50:08	949	01:21:11	02:21:18	03:42:29	983	04:41:11	985	00:46:00	00:49:20	00:56:48	02:32:07	946	07:19:53
977	1225	Artem Kuznetsov	Moscow	M30	RUS	00:56:17	992	01:20:49	02:06:36	03:27:25	954	04:32:07	971	00:54:02	00:52:16	00:55:32	02:41:49	967	07:21:38
978	2012	Chantal van Gent	Meadowbrook	W25	NED	00:44:14	823	01:29:03	02:09:14	03:38:16	980	04:28:11	963	00:54:23	00:55:21	00:59:07	02:48:50	977	07:22:31
979	1493	Pierre Bogers	Roosendaal	M40	NED	00:38:46	520	01:17:58	01:56:54	03:14:52	872	04:02:38	839	00:54:12	01:02:29	01:12:38	03:09:18	984	07:22:56
980	1382	Youri Gerritse	Utrecht	M35	NED	00:52:27	980	01:29:44	02:24:25	03:54:08	987	04:53:14	987	00:47:43	00:50:08	00:52:10	02:30:00	940	07:27:14
981	1111	Nicolas Manguette	Huy	M30	BEL	00:39:16	550	01:25:53	02:07:08	03:33:01	970	04:20:47	941	00:53:38	01:04:48	01:09:23	03:07:47	983	07:36:17
982	1865	Frank Kerkhoffs	Valkenburg Aan De Geul	M50	NED	00:51:48	971	01:24:37	02:11:25	03:36:01	973	04:36:29	983	00:57:55	01:00:04	01:00:34	02:58:32	982	07:40:09
983	2030	Babette Dejonckheere	Ninove	W30	BEL	00:43:47	791	01:30:56	02:10:12	03:41:07	982	04:35:45	980	00:54:57	00:58:17	01:00:03	02:53:16	980	07:40:51
984	1670	Stef van der Heiden	Almere	M45	NED	01:03:50	1002	01:31:35	02:11:38	03:43:13	984	05:01:10	988	00:49:20	00:51:41	00:53:40	02:34:40	952	07:48:00
985	1085	Lennart Wegewijs	Leiden	M25	NED	00:31:53	95	02:24:38	22	03:00:23	18	00:35:59							0
986	1655	Bjorn Oele	Hoofddorp	M45	NED	00:37:16	437	01:09:33	01:39:22	02:48:54	442	03:32:20	414	00:45:19					0
987	1734	Marcel Vissers	Almere	M45	NED	00:39:33	568	01:10:30	01:38:22	02:48:52	439	03:33:08	435	00:47:59					0
988	1013	Olivier Go	Amsterdam	MU24	NED	00:46:30	884	01:07:56	01:47:01	02:54:56	620	03:47:27	680						0
989	2160	Anja Bergner	Riedstadt	W50	GER	00:40:10	609	01:29:56			0	0	0						0
990	1050	Ben Meuwissen	Guttecoven	M25	NED	00:28:30	22	01:06:09			0	0	0						0
991	1255	Juan Pedro Vázquez Reyes	Ecija	M35	ESP	00:33:03	146	01:06:19			0	0	0						0
992	1326	Edwin Geluk	Waddinxveen	M35	NED	00:57:38	995	01:47:18			0	0	0						0
993	1080	Vincent Langendam	Dordrecht	M25	NED	00:32:42	127				0	0	0						0
994	1165	Rick Meijer	Haarlem	M30	NED	00:44:23	834				0	0	0						0
995	1562	Jeroen Dubel	Hilversum	M45	NED	00:43:15	754				0	0	0						0
996	1184	Thomas Sijtsma	Utrecht	M30	NED	00:39:32	565				0	0	0						0
997	1120	Creton Marc	Henin Beaumont	M30	FRA	00:47:01	888				0	0	0						0
998	1740	Robert Vis	Monster	M45	NED	00:54:10	985				0	0	0						0
999	1877	Lucas Verbist	Trim	M55	BEL	00:49:41	941				0	0	0						0
1000	1791	Arjan de Groot	Amsterdam	M50	NED	00:36:29	358				0	0	0						0